



# Bromley Adult Education College

Courses for Adults

# 2019-2020

For full course details go to: [www.baec.ac.uk](http://www.baec.ac.uk)  
or enquire at one of the centres

Kentwood Centre 020 8659 7976

Poverest Centre 01689 822886

Email: [enquiries@baec.ac.uk](mailto:enquiries@baec.ac.uk)

## ***Bringing Learning Alive***

*Course details subject to change*

*Revised: 13/08/19*

# Bromley Adult Education College – Programme 2019-20

New courses are planned all year, please check the **Our Courses** pages on [www.baec.ac.uk](http://www.baec.ac.uk)

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## Contents

Contents.....	2
Term Dates.....	3
Community Outreach Learning .....	4
English for Speakers of Other Languages (ESOL).....	6
Learners with Learning Difficulties or Disabilities .....	7
Art Appreciation .....	8
Book-keeping and Accounting.....	8
Botanical Illustration.....	9
Cake Decorating and Sugarcraft .....	9
Clothes/Dressmaking.....	10
Computing .....	11
Cookery.....	13
Counselling.....	15
Dance .....	16
Drawing and Painting.....	17
Etching/Printmaking .....	19
Floristry and Flower Arranging .....	19
French .....	21
Guitar .....	24
Interior Design .....	25
Italian .....	25
London .....	29
Meditation .....	30
Patchwork and Quilting .....	32
Photography .....	33
Pilates.....	34
Sign Language and Lip Reading.....	35
Spanish.....	37
Stained Glass.....	42
Upholstery .....	42
Wellbeing.....	43
Yoga .....	45
2019/2020 Course Fees .....	46
Where to Find Us .....	47

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## Term Dates

### Term Dates for 2019-2020

	Dates
Autumn 2019	Monday 16 September –Friday 18 October 2019
	Half-term 21 October – 25 October 2019
	Monday 28 October –Friday 13 December 2019
	<b>Christmas Break</b>
Spring 2020	Monday 06 January –Friday 14 February 2020
	Half-term 17 - 21 February 2020
	Monday 24 February – Friday 03 April 2020
	<b>Easter Break</b>
Summer 2020	Monday 27 April – Friday 22 May 2020 (Bank Holiday Monday 04 May)
	Half-term 25 May – 29 May 2020
	Monday 01 June –Friday 26 June 2020

## Community Outreach Learning

Our Community Learning Outreach programmes aim to enable all members of the local community to access learning and secure the best possible outcomes for vulnerable and disadvantaged adults in the community.

Our community courses are great for those who want to try something new, gain confidence with learning, become more involved in their community or improve their skills to get them on the road towards realising their life goals.

You cannot enrol individually on Outreach programmes; we work closely with a range of partners to create tailored courses for small groups of learners. We run many different courses for families, adults and older residents in partnership with a range of organisations, from small voluntary groups to community centres and residential providers as well as Bromley services such as Bromley Well. A wide variety of subjects include English literacy and language, numeracy, preparation to employment, creative arts, crafts, computing, cookery, confidence building, exercise, family learning, mindfulness, and courses for learners with disabilities or learning difficulties.

If you are interested in joining a course, please email Agnes Jeary on

***agnesj@baec.ac.uk*** or call **0208 8659 7976**.

We can then put you in touch with one of our partner organisations, depending on your circumstances.

If you would like more information on our partnership work or if you belong to a community group and you would like to talk to us about our Community Learning opportunities, please email or phone as above.



## English, Maths and GCSE Courses

**These courses start in September 2019**

Do you lack the English and/or maths skills you need to work, study or support your children? Did you miss out on a qualification at school?

We offer classes from Entry Level to Level 2 and GCSE.

**Entry Level:** you will study towards a City & Guilds Award in English/maths skills and/or Edexcel Functional Skills.

**Level 1:** you will study towards a Gateway Writing Award in English or NOCN Award in Mathematics and/or Edexcel Functional Skills qualification.

**Level 2:** you will study towards an Edexcel Functional Skills qualification.

**GCSE:** in both English and maths you will work towards grades 9-4.

All classes are **FREE** subject to eligibility, regardless of benefit status.

**You will need to have an initial assessment to determine your current level of English/maths to ensure you are placed in the correct class.**

To make an appointment for an interview/assessment please contact:

**Pat Johnson** on Tel: **020 8676 5545**

OR

Email: [patricia.johnson@baec.ac.uk](mailto:patricia.johnson@baec.ac.uk)

# English for Speakers of Other Languages (ESOL)

**These courses start in September 2019**

Do you want to improve your English language skills?

Would you like to develop your speaking, listening, reading and writing skills to find work, help your children with their homework, or go on to further study in the UK?

We offer ESOL classes for learners from other countries who are settled in the UK and would like to gain nationally recognised qualifications.

Classes are FREE for eligible students receiving certain benefits and who are looking for work, and those earning less than £19,890 annual gross salary, subject to eligibility.

This is a one year programme of study in 3 parts:

Term 1 – September-December 2019

Term 2 – January-March 2020

Term 3 – April-June 2020

For those paying for their course, fees are payable termly.

**You will need to have an initial assessment to determine your current level of English to ensure you are placed in the correct class.**

To make an appointment for an interview/assessment please contact:

**Pat Johnson** on Tel: **020 8676 5545**

OR

Email: [patricia.johnson@baec.ac.uk](mailto:patricia.johnson@baec.ac.uk)

On the interview day please ensure you bring in your passport or home office papers, plus any relevant benefit documentation.

## Learners with Learning Difficulties or Disabilities

**These courses start in September 2019**

We offer a range of non-accredited courses to help you develop:

- Skills for independent living
- Skills for employment
- Skills to improve your confidence and communication
- English and maths skills

Classes are held at the Poverest Centre in Orpington.

Courses on offer include:

**Art and Craft, Cookery, Dance and Drama, Gardening, Film Studies  
Basic Computing, Healthy Lifestyle, Photography, English, Maths  
Communication Skills, Animal Care, Music**

Courses run on a termly basis:

Term 1 – September-December 2019

Term 2 – January-March 2020

Term 3 – April-June 2020

If you are new to the college and are interested in joining any of these classes you will need to come for an initial assessment.

For further details and to book an assessment/interview, please call:

Tel: **01689 822886**

On the interview day please ensure you bring in your passport/birth certificate, plus any relevant education, health and care documentation.



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## Art Appreciation

### Art appreciation - Life as we see it

Join these courses to learn more about art history, artists and movements, aesthetics and the appreciation of different forms and styles of Modern Art from 1880's to the present day. Some courses include a gallery visit.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00164	Tue	9:45 - 11:45 AM	17/09/2019 - 19/05/2020	28	Poverest	Mania Row	£292	(£234)
K00178	Wed	9:45 - 11:45 AM	18/09/2019 - 20/05/2020	28	Kentwood	Mania Row	£292	(£234)

## Book-keeping and Accounting

### Accounting (computerised) - Level 1

This level 1 qualification will enable you to gain basic knowledge, understanding and skills of using computerised bookkeeping software using Sage, to enhance your chances of employment. Leads to an IAB Level 1 Award in Computerised Accounting for Business.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00119	Tue	9:30 - 12:30 PM	17/09/2019 - 10/12/2019	12	Poverest	Linda Oulton	£299	(FREE)
K00125	Wed	9:30 - 12:30 PM	18/09/2019 - 11/12/2019	12	Kentwood	Veronica Hughes	£299	(FREE)
K00135	Wed	9:30 - 12:30 PM	8/01/2020 - 01/04/2020	12	Kentwood	Veronica Hughes	£299	(FREE)

### Accounting (computerised) - Level 2

This is an ideal follow on course for those students who have already achieved the Level 1 qualification. The course fee includes a time-limited version of Sage for home study. Please note there may be additional fees for resits. Upon successful completion of the assessments in class you will be awarded an IAB Level 2 Certificate in Computerised Accounting for Business. Candidates who have completed Level 1 Bookkeeping/Accounting can enrol at one of our centres, otherwise you will need a pre-course interview and assessment before enrolling on this course. Please call 020 8659 7976 to arrange this.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00123	Wed	6:30 - 9:30 PM	18/09/2019 - 29/01/2020	16	Kentwood	Linda Oulton	£385	(FREE)
K00138	Wed	6:30 - 9:30 PM	05/02/2020 - 24/06/2020	16	Kentwood	Linda Oulton	£385	(FREE)

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## Botanical Illustration

### Botanical Illustration

Beginners, flower painters and botanists are all welcome. Something for everyone who loves plants, for those who want to acquire basic skills or improve their existing skills. The cost of materials is not included in the cost of the course.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00150	Mon	10:00 - 12:30 PM	16/09/2019 - 09/12/2019	12	Kentwood	Mayumi Hashi	£166	(£133)
K00222	Mon	10:00 - 12:30 PM	06/01/2020 - 30/03/2020	12	Kentwood	Mayumi Hashi	£166	(£133)

## Cake Decorating and Sugarcraft

### Cake Decorating - Nutcracker soldier

Learn how to make a decorative Christmas nutcracker soldier out of sugar paste. Ideal as a cake topper or stand alone table decoration. You will learn about different types of edible modelling mediums, how to colour them and shape to create a nutcracker soldier. The cost of materials will be kept below £20 and you will need a box to transport the pieces weekly.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00213	Wed	7:00 - 9:00 PM	30/10/2019 - 20/11/2019	4	Kentwood	Judy Kimmins	£44	(£35)

### Cake Decorating - Sugar flowers

Use sugar paste to make sugar flowers creating a spring floral spray. You will learn about different types of edible modelling mediums, how to colour them and shape to create floral decorations. The cost of materials will be kept below £20 and you will need a box to transport the pieces weekly.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00230	Wed	7:00 - 9:00 PM	08/01/2020 - 12/02/2020	6	Kentwood	Judy Kimmins	£66	(£53)

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## Clothes/Dressmaking

### Clothesmaking

Learn or improve your skills in how to measure yourself accurately, how to read, understand and make simple alterations to a commercial pattern, how to layout, cut out and mark correctly, how to complete simple alterations and a variety of seams, darts and gathers, how to put in a sleeve, various sewing techniques e.g. seams and seam finishes, hems and zip insertion. The cost of materials and equipment used is not included in the cost of the course.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00151	Mon	9:45 - 12:15 PM	16/09/2019 - 09/12/2019	12	Kentwood	Nicholine Bailey	£166	(£133)
K00152	Mon	1:00 - 3:00 PM	16/09/2019 - 09/12/2019	12	Kentwood	Nicholine Bailey	£133	(£106)
K00153	Mon	7:00 - 9:30 PM	16/09/2019 - 9/12/2019	12	Kentwood	Nicholine Bailey	£166	(£133)
K00223	Mon	9:45 - 12:15 PM	06/01/2020 - 30/03/2020	12	Kentwood	Nicholine Bailey	£166	(£133)
K00224	Mon	1:00 - 3:00 PM	06/01/2020 - 30/03/2020	12	Kentwood	Nicholine Bailey	£133	(£106)
K00225	Mon	7:00 - 9:30 PM	06/01/2020 - 30/03/2020	12	Kentwood	Nicholine Bailey	£166	(£133)

### Clothesmaking - Pattern Cutting skirts

On this course you will learn how to draft a block using your own body measurements. Once completed you will customise the fit to create a well-fitting basic block and use this to create your own personally styled garments. Each course will concentrate on a specific block - Autumn term - Skirt block. The cost of materials is not included in the cost of the course.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00180	Wed	9:45 - 12:15 PM	18/09/2019 - 11/12/2019	12	Kentwood	Nicholine Bailey	£166	(£133)

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## Clothesmaking - Pattern Cutting Bodices

On this course you will learn how to draft a block using your own body measurements. Once completed you will customise the fit to create a well-fitting basic block and use this to create your own personally styled garments. Each course will concentrate on a specific block -Spring term - bodice block. The cost of materials is not included in the cost of the course.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00231	Wed	9:45 - 12:15 PM	08/01/2020 - 01/04/2020	12	Kentwood	Nicholine Bailey	£166	(£133)

## Clothesmaking - Pattern Cutting Trousers

On this course you will learn how to draft a block using your own body measurements. Once completed you will customise the fit to create a well-fitting basic block and use this to create your own personally styled garments. Each course will concentrate on a specific block -Summer term - Trouser or Dress Block. The cost of materials is not included in the cost of the course.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00272	Wed	9:45 - 12:15 PM	29/04/2020 - 24/06/2020	8	Kentwood	Nicholine Bailey	£111	(£89)

## Computing

### Computing - ECDL

Gain a Level 2 IT qualification with ECDL. This course includes ECDL Essentials and Extra. As well as learning Word Processing, Spreadsheets and Presentations, you will cover security for IT users, Computer Essentials and Online Essentials. The final module, Improving Productivity using IT, enables you to use all these applications together and demonstrate skills that are in demand for today's office environment. This course is suitable for beginners although it is beneficial to have some working knowledge of at least word processing before enrolling. It is not suitable for anybody who is apprehensive about computers or examinations. You are required to complete 7 formal assessments to successfully gain the ECDL Certificate. You will need a pre-course interview and assessment before enrolling on this course. Please call 020 8659 7976 to arrange this.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00129	Mon	7:00 - 9:30 PM	23/09/2019 - 30/06/2020	31	Kentwood	Karen Beaumont	£531	(FREE)

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## Computing - IT Basics

A course for beginners, to learn the basics of using the internet and email, as well as learning how to manage your files on the computer.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00134	Mon	9:30 - 12:30 PM	06/01/2020 - 10/02/2020	6	Poverest	Jill Collier	£62	(FREE)

## Computing - Level 1 Office IT Skills

An ideal course if you are looking to gain skills and knowledge to help you find work in an administrative or office based role. You will learn the basics of word processing, using spreadsheets and creating presentations. Suitable for beginners to computing as well as those who need to up-skill. Upon successful completion of the assignments in class, you will gain a Level 1 Award.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00116	Mon	9:30 - 12:30 PM	16/09/2019 - 09/12/2019	12	Poverest	Jill Collier	£174	(FREE)
K00122	Wed	9:30 - 4:00 PM	18/09/2019 - 30/10/2019	6	Kentwood	Jill Collier	£174	(FREE)
K00132	Wed	9:30 - 4:00 PM	06/11/2019 - 11/12/2019	6	Kentwood	Jill Collier	£174	(FREE)
K00133	Thu	9:30 - 12:30 PM	07/11/2019 - 13/02/2020	12	Kentwood	Karen Beaumont	£174	(FREE)

## Computing - Level 2 Office IT Skills

An ideal follow-on course if you have completed Level 1 Office IT Skills or ECDL Essentials. You will expand on Word and Excel skills learnt at Level 1. This course is based on assignments completed in class (no exams). On successful completion of the assignments, you will gain Level 2 Unit Certificates in Word and Excel. This course is not suitable for complete beginners to computing. Candidates who have completed Level 1 Office IT Skills or ECDL Essentials can enrol at one of our centres, otherwise you will need a pre-course interview and assessment before enrolling on this course. Please call 020 8659 7976 to arrange this.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00867	Fri	9:30 – 12:00 PM	20/09/2019 - 06/03/2020	20	Poverest	Jill Collier	£232	(FREE)
K00128	Mon	9:30 - 12:00 PM	23/09/2019 - 09/03/2020	20	Kentwood	Karen Beaumont	£232	(FREE)

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## Computing - Level 2 PowerPoint

An ideal follow-on course if you have completed Level 1 Office IT Skills or ECDL Essentials. You will expand on Powerpoint skills learnt at Level 1. This course is based on assignments completed in class (no exams). On successful completion of the assignments, you will gain Level 2 Unit Certificate in Powerpoint. This course is not suitable for complete beginners to computing. Candidates who have completed Level 1 Office IT Skills or ECDL Essentials can enrol at one of our centres, otherwise you will need a pre-course interview and assessment before enrolling on this course. Please call 020 8659 7976 to arrange this.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00130	Thu	9:30 - 12:30 PM	26/09/2019 - 31/10/2019	5	Kentwood	Karen Beaumont	£82	(FREE)

## Computing - Using Photoshop

Learn to create and edit professional images using the industry standard software for graphic design. You will learn how to use the main features of Photoshop including layers and selections in order to manipulate digital photographs and create images for use in print and online. You will also learn some of the more advanced features for example quick masks, clone tools, layer mask, adjustment layers and more to enable you to create exciting and professional designs.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00868	Mon	7:30 - 9:30 PM	23/09/2019 - 02/12/2019	10	Poverest	Samantha Matthews	£111	(£89)

## Cookery

### Cookery - Autumn Abundance Cooking

Come and learn how to use beautiful seasonal produce to create dishes that will please the whole family, and when you are hosting guests. Main courses, cakes and desserts will be covered and you will be shown the best methods for success. You will need to purchase ingredients weekly, an ingredients/small equipment list will be sent before to the start of the course.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00170	Tue	7:00 - 9:00 PM	17/09/2019 - 15/10/2019	5	Kentwood	Jill Thomas	£55	(£44)

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## Cookery – Man in the Kitchen

Emphasis on basic techniques with lots of ideas for main course recipes. To include some ideas for simple entertaining. Learners can expect to learn some basic cooking skills and techniques. Help to gain confidence towards the choice and presentation of food. Lots of main course recipes, but also simple starters, soups, vegetable dishes, desserts, bakery and more. You will need to buy your own ingredients each week. A small ingredients list will be sent out prior to the first week of the course. Please also bring containers with lids to take your creations home in.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00885	Wed	10:00 AM-12:00	18/09/2019 - 20/05/2020	28	Kentwood	Jackie Denniss	£310	(£248)

## Cookery – Food for the Weekend

In the run up to the festive holidays, come and learn how to create some delicious recipes, including mains, desserts for entertaining, savory and sweet treats and edible gifts. You will need to purchase ingredients weekly, an ingredients/small equipment list will be sent before to the start of the course.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00883	Fri	10:00 AM-12:00	20/09/2019 - 18/10/2019	5	Kentwood	Elaine Cooper	£55	(£44)
K00884	Fri	10:00 AM-12:00	01/11/2019 - 13/12/2019	7	Kentwood	Elaine Cooper	£78	(£62)

## Cookery - Festive Entertaining

In the run up to the festive holidays, come and learn how to create some delicious recipes, including mains, desserts for entertaining, savory and sweet treats and edible gifts. You will need to purchase ingredients weekly, an ingredients/small equipment list will be sent before to the start of the course.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00212	Tue	7:00 - 9:00 PM	29/10/2019 - 10/12/2019	7	Kentwood	Jill Thomas	£78	(£62)

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## Counselling

### Counselling - Level 2 Introduction

This accredited course is a stepping stone if you are considering further counselling training. All candidates will be expected to sign a declaration to state their suitability to join a course and attend an interview. Contact the College prior to enrolment for further details on 020 8659 7976.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00117	Mon	7:00 - 9:30 PM	16/09/2019 - 13/01/2020	14	Poverest	Sarah Lawlor	£215	(FREE)
K00127	Thu	10:00 - 12:30 PM	19/09/2019 - 16/01/2020	14	Kentwood	Sarah Lawlor	£215	(FREE)
P00136	Mon	7:00 - 9:30 PM	20/01/2020 - 18/05/2020	14	Poverest	Sarah Lawlor	£215	(FREE)
K00137	Thu	10:00 - 12:30 PM	23/01/2020 - 21/05/2020	14	Kentwood	Sarah Lawlor	£215	(FREE)

### Counselling - Level 2 Certificate

This is an accredited course and is part of the CPCAB progression towards gaining a counselling diploma. Candidates will have to sign a declaration to state their suitability to join a course and attend an interview. Contact the College prior to enrolment for further details.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00121	Tue	10:00 - 1:00 PM	17/09/2019 - 16/06/2020	31	Kentwood	Sarah Lawlor	£520	(FREE)
P00124	Wed	6:30 - 9:30 PM	18/09/2019 - 17/06/2020	31	Poverest	Sarah Lawlor	£520	(FREE)



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## Dance

### Dance Beginners Ballroom and Latin

For complete beginners or those who are very 'rusty' and want to relearn. Dance an amalgamation of steps in Social Foxtrot, Quickstep, Waltz, Tango, Cha Cha Cha, Rumba, Jive and Samba, develop floor craft and etiquette, social skills on the dance floor.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00173	Wed	7:30 - 9:30 PM	18/09/2019 - 11/12/2019	12	Poverest	Angela Thurgood	£133	(£106)

### Dance Improvers Ballroom and Latin

For those who enjoyed the beginners course and wish to progress further. You will learn new dance figures as well as practising and consolidating those learned in the earlier course. You should already know the basic steps of the four Ballroom and Latin American dances. Partner preferable, but not essential. This course is not suitable for complete beginners.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00229	Wed	7:30 - 9:30 PM	08/01/2020 - 01/04/2020	12	Poverest	Angela Thurgood	£133	(£106)

### Dance Intermediate Ballroom and Latin

For those who are now at improvers level. You will increase your repertoire of steps and dances and improve your technique, revising what you learned as an improver. Dance an amalgamation of steps in Social Foxtrot, quickstep, Waltz, Tango, Cha Cha Cha, Rumba, Jive and Samba, develop floor craft and etiquette, social skills on the dance floor. Partner preferable, but not essential.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00141	Mon	7:30 - 9:30 PM	16/09/2019 - 09/12/2019	12	Poverest	Angela Thurgood	£133	(£106)

### Dance Pre-Advanced Ballroom and Latin

An extension of the intermediate course. You will revise figures and dances learned on the Intermediate course and learn new variations, paying more attention to technique and floorcraft. Dance an amalgamation of steps in Social Foxtrot, Quickstep, Waltz, Tango, Cha Cha Cha, Rumba, Jive and Samba, develop floor craft and etiquette, social skills on the dance floor. You will need comfortable clothing and suitable shoes. Partner preferable but not essential.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00217	Mon	7:30 - 9:30 PM	06/01/2020 - 30/03/2020	12	Poverest	Angela Thurgood	£133	(£106)

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## Drawing and Painting

### Drawing and Painting

Explore a variety of subject matter through the use of various techniques and media (pencil, oils, watercolour, charcoal, acrylics, etc) whilst developing your observational skills. Each course may place an emphasis on a particular medium. The cost of materials is not included in the cost of the course.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00165	Tue	12:30 - 3:00 PM	17/09/2019 - 19/05/2020	28	Poverest	Mania Row	£388	(£310)
K00179	Wed	12:30 - 3:00 PM	18/09/2019 - 20/05/2020	28	Kentwood	Mania Row	£388	(£310)
K00183	Wed	7:30 - 9:30 PM	18/09/2019 - 29/01/2020	16	Kentwood	Patricia Barrow	£177	(£142)
K00194	Thu	10:00 - 12:30 PM	19/09/2019 - 30/01/2020	16	Kentwood	Peter Blundell	£222	(£177)
P00199	Fri	10:00 - 12:30 PM	20/09/2019 - 13/12/2019	12	Poverest	Amanda Webster	£166	(£133)
K00220	Mon	10:00 - 12:30 PM	06/01/2020 - 30/03/2020	12	Kentwood	Gail Murray	£166	(£133)
P00234	Fri	10:00 - 12:30 PM	10/01/2020 - 05/05/2020	16	Poverest	Amanda Webster	£222	(£177)
K00255	Wed	7:30 - 9:30 PM	05/02/2020 - 24/06/2020	16	Kentwood	Patricia Barrow	£177	(£142)
K00263	Thu	10:00 - 12:30 PM	06/02/2020 - 25/06/2020	16	Kentwood	Peter Blundell	£222	(£177)

### Drawing and Painting Mixed Media

Develop specific aspects of painting and drawing through projects using water-based and other media. Improve your understanding of mixed media through a process of demonstration and practical lessons. The cost of materials is not included in the cost of the course.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00204	Fri	10:00 - 12:00 PM	20/09/2019 - 31/01/2020	16	Kentwood	Patricia Barrow	£177	(£142)
K00269	Fri	10:00 - 12:00 PM	07/02/2020 - 03/07/2020	16	Kentwood	Patricia Barrow	£177	(£142)

# Bromley Adult Education College – Programme 2019-20

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## Drawing and Painting Portrait

Explore a variety of painting and drawing media and different techniques to improve portrait drawing and painting skills. Work with a wide range of subjects, develop accurate observational skills and learn how to compose and understand the use of colour and tone to depict expression and character, form and space. The cost of materials is not included in the cost of the course.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00171	Wed	10:00 - 12:30 PM	18/09/2019 - 11/12/2019	12	Poverest	Amanda Webster	£193	(£154)
P00228	Wed	10:00 - 12:30 PM	08/01/2020 - 01/04/2020	12	Poverest	Amanda Webster	£193	(£154)

## Drawing and Painting Water-Based Media

Explore a variety of water-based painting and drawing media and different techniques to improve drawing and painting skills. Work with a wide range of subjects including still life, portraits and landscapes. The cost of materials is not included in the cost of the course.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00188	Thu	9:30 - 12:00 PM	19/09/2019 - 21/05/2020	28	Poverest	Amanda Webster	£388	(£310)

## Drawing and Painting-Pastels

Explore a variety of pastel and drawing media and different techniques to improve drawing skills. Work with a wide range of subjects including still life, portraits and landscapes. Objectives will be set by mutual agreement between tutor and students and there will be opportunities for you to develop specific areas according to ability. The course fee does not include the cost of the materials used.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00145	Mon	10:00 - 12:30 PM	16/09/2019 - 09/12/2019	12	Kentwood	Gail Murray	£166	(£133)

# Bromley Adult Education College – Programme 2019-20

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## Etching/Printmaking

### Etching

A general etching course covering a range of techniques and creative ideas, making studies through to the finished print. Beginners and the more experienced welcome. Course fee does not include materials required for projects.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00161	Tue	10:00 AM - 12:30 PM	17/09/2019 - 28/01/2020	16	Kentwood	Kirsten Baskett	£222	(£177)
K00162	Tue	1:00 - 3:30 PM	17/09/2019 - 28/01/2020	16	Kentwood	Kirsten Baskett	£222	(£177)
K00156	Tue	7:00 - 9:00 PM	17/09/2019 - 28/01/2020	16	Kentwood	Tony Anderson	£177	(£142)
K00247	Tue	10:00 AM - 12:30 PM	04/02/2020 - 23/06/2020	16	Kentwood	Kirsten Baskett	£222	(£177)
K00248	Tue	1:00 - 3:30 PM	04/02/2020 - 23/06/2020	16	Kentwood	Kirsten Baskett	£222	(£177)
K00244	Tue	7:00 - 9:00 PM	04/02/2020 - 23/06/2020	16	Kentwood	Tony Anderson	£177	(£142)

## Floristry and Flower Arranging

### Floristry - Autumn Flowers

Learn how to create beautiful Autumn style floral arrangements that reflect the look and colour of the season. Design you will create include a Wicked door wreath, arrangements in pumpkin, mantel piece display, a textured posy and a gift basket. Course fee does not include flowers or other materials required for projects.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00198	Thu	10:30 - 12:30 PM	19/09/2019 - 17/10/2019	5	Kentwood	Victoria Hawkes	£52	(£42)

# Bromley Adult Education College – Programme 2019-20

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## Floristry - Festive Flowers

Design and create fun floral arrangements. You will make a pine door wreath, candle table display, Christmas basket, mantel piece display and foliage garland. Fill your home with the smell of Christmas. Course fee does not include flowers or other materials required for projects.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00215	Thu	10:30 - 12:30 PM	14/11/2019 - 12/12/2019	5	Kentwood	Victoria Hawkes	£52	(£42)

## Floristry - Beginners

Perfect for beginners - this course will help you learn all the basic skills. You will make a basket, hand-tied bouquet, round posy, a front facing arrangement and a long and low design. Course fee does not include flowers or other materials required for projects.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00233	Thu	10:30 - 12:30 PM	09/01/2020 - 06/02/2020	5	Kentwood	Victoria Hawkes	£52	(£42)

## Floristry - Spring Floral Design

Create and design fresh floral designs using bright seasonal spring flowers. You will learn how to design and create a spring hand tied, wicker door wreath, an asymmetrical design, spring basket and a trio of jam jars. Course fee does not include flowers or other materials required for projects.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00270	Thu	10:30 - 12:30 PM	27/02/2020 - 02/04/2020	6	Kentwood	Victoria Hawkes	£63	(£50)

## Floristry- Wedding Designs for Beginners

This course will help you learn all skills required to design wedding flowers or just for fun. We will cover all areas of design including wired buttonholes, wedding bouquets and table display. Course fee does not include flowers or other materials required for projects.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00276	Thu	10:30 - 12:30 PM	30/04/2020 - 21/05/2020	4	Kentwood	Victoria Hawkes	£42	(£33)

# Bromley Adult Education College – Programme 2019-20

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## Floristry - Beginners/Improvers

Ideal course for those with some basic knowledge of floristry, attended a beginner's course or just have passion for flowers. Learn how to create beautiful floral designs and arrangements, parallel designs, grouped and textured designs. Course fee does not include flowers or other materials required for projects.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00278	Thu	10:30 - 12:30 PM	04/06/2020 - 25/06/2020	4	Kentwood	Victoria Hawkes	£42	(£33)

## French

### French - Beginners Part 1

This is a course for complete beginners, those with limited knowledge of language or with no prior experience in language. By the end of the course, you will be able to take part in basic exchanges, using a limited range of words and expressions and basic correct grammatical structures, such as using greetings and exchanging basic information about yourself, recognise numbers and perform basic calculations including using money, tell the time and the date, order food and drinks and shop for basic items, follow directions, the weather, etc).

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00154	Mon	7:30 - 9:30 PM	16/09/2019 - 27/01/2020	16	Poverest	Patricia Biggs	£167	(£133)

### French - Beginners Part 2

Join this course after completing Beginners course Part 1 or if you got limited knowledge of language. By the end of the course, you will be able to take part in basic exchanges, using a limited range of words and expressions and basic correct grammatical structures, such as using greetings and exchanging basic information about yourself, recognise numbers and perform basic calculations including using money, tell the time and the date, order food and drinks and shop for basic items, follow directions, and participate in very short dialogues about everyday subjects (the weather, food and drinks, travel and directions and hobbies).

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00243	Mon	7:30 - 9:30 PM	03/02/2020 - 22/06/2020	16	Poverest	Patricia Biggs	£167	(£133)

# Bromley Adult Education College – Programme 2019-20

New courses are planned all year, please check the **Our Courses** pages on [www.baec.ac.uk](http://www.baec.ac.uk)

## French - Improvers Part 1

This course is suitable for those who have completed a College Basic Beginners course or who have basic school or holiday French (equivalent to 70 to 100 hours study). The topics covered will give you greater flexibility and confidence in using the language and taking a more active part in conversations. By the end of the course, you will have sufficient vocabulary to deal with most practical situations and will be able to distinguish past, present and future events, using standard, predictable everyday language clearly and mainly accurately and correct grammar most of the time.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00159	Tue	7:30 - 9:30 PM	17/09/2019 - 28/01/2020	16	Kentwood	Izabela Lecybyl	£167	(£133)
P00202	Fri	9:30 - 11:30 AM	20/09/2019 - 31/01/2020	16	Poverest	Izabela Lecybyl	£167	(£133)

## French - Improvers Part 2

This course follows Improvers Part 1 and builds a solid language foundation by consolidating and extending basic structures in everyday and tourist situations to a more competent level of communication. By the end of the course, you will have sufficient vocabulary to deal with most practical situations and will be able to distinguish past, present and future events, using standard, predictable everyday language clearly and mainly accurately. You will be able to express yourself using correct grammar most of the time, when talking about routine current events, what you did, what you are going to or will do. The course will develop the skills of speaking, listening, reading and writing.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00246	Tue	7:30 - 9:30 PM	04/02/2020 - 23/06/2020	16	Kentwood	Izabela Lecybyl	£167	(£133)
P00267	Fri	9:30 - 11:30 AM	07/02/2020 - 03/07/2020	16	Poverest	Izabela Lecybyl	£167	(£133)

## French - Lower Intermediate Part 1

This course is suitable for those who completed Improver course and can talk in simple terms about their interests and past, present and future events; and can take part in exchanges related to common social and everyday interactions. By the end of the course, you will have sufficient vocabulary to deal with most practical situations and will be able to distinguish past, present and future events with more accuracy, using standard, predictable everyday language clearly and mainly accurately to maintain and develop an exchange. You will be able to express yourself using correct grammar most of the time, when talking about routine current events, what you did or have done, for how long, what you are going to or will do.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00158	Tue	10:00 - 12:00 PM	17/09/2019 - 28/01/2020	16	Kentwood	Izabela Lecybyl	£167	(£133)

# Bromley Adult Education College – Programme 2019-20

New courses are planned all year, please check the **Our Courses** pages on [www.baec.ac.uk](http://www.baec.ac.uk)

## French - Lower Intermediate Part 2

This course follows Lower Intermediates Part 1 and is suitable for those who can talk about their interests and past, present and future events and can take part in exchanges related to common social and everyday interactions. By the end of the course, you will have sufficient vocabulary to deal with most practical situations and will be able to distinguish past, present and future events with more accuracy, using standard, predictable everyday language clearly and mainly accurately. You will be able to express yourself using correct grammar most of the time, when talking about routine current events, what you did or have done, for how long, what you are going to or will do.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00245	Tue	10:00 - 12:00 PM	04/02/2020 - 23/06/2020	16	Kentwood	Izabela Lecybyl	£167	(£133)

## French - Higher Intermediate Part 1

This non-accredited higher intermediate course will enable you to participate in everyday conversations using clear language, support discussion with descriptions or appropriate examples and understand the essential points in other people's conversations. Topics covered will enable you to participate in a wide variety of activities based on authentic materials. By the end of the course, you will have increased your vocabulary and be able to exchange ideas and opinions about a variety of everyday subjects, follow the main points in an exchange and develop a clear coherent argument, linking ideas logically and able to deal with unscripted questions and emergencies.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00172	Wed	7:30 - 9:30 PM	18/09/2019 - 29/01/2020	16	Kentwood	Amy Morez	£167	(£133)

## French - Higher Intermediate Part 2

This non-accredited higher intermediate course will enable you to participate in everyday conversations using clear language, support discussion with descriptions or appropriate examples and understand the essential points in other people's conversations. Topics covered will enable you to participate in a wide variety of activities based on authentic materials. By the end of the course, you will have increased your vocabulary and be able to exchange ideas and opinions about a variety of everyday subjects, follow the main points in an exchange and develop a clear coherent argument, linking ideas logically and able to deal with unscripted questions and emergencies.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00251	Wed	7:30 - 9:30 PM	05/02/2020 - 24/06/2020	16	Kentwood	Amy Morez	£167	(£133)



# Bromley Adult Education College – Programme 2019-20

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## French Culture et Societe

Pratquez et consolidez votre maîtrise de la langue française à travers l'étude de l'histoire, la culture et les événements contemporains de la France et des pays francophones. A non-accredited course for near-fluent students with an advanced knowledge of French (GCE A2 Level or Degree, or fluency acquired in extended periods in the country).

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00203	Thu	10:00 - 11:30 AM	19/09/2019 - 21/05/2020	28	Kentwood	Lisa Carr	£404	None

## Guitar

### Guitar - Beginners

An introduction to the wonderful world of guitar playing. Getting started is easier than you think and you will learn some great songs along the way. The sessions will include, basic chords, rhythm and time signatures. You will need to bring a guitar, notebook and pen to each session. This course is suitable for complete beginners or those having little experience in playing guitar.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00167	Tue	7:30 - 9:30 PM	17/09/2019 - 10/12/2019	12	Kentwood	Peter Clifford	£125	(£100)

### Guitar - Follow On

Come and discover more things you can play on your guitar. Play a song, a melody and a nice rhythm and hear them together with another guitar. Ideally you will be familiar with chord diagrams and tablature, but don't worry if you are not - they are easy to pick up. You will need to bring a guitar, notebook and pen to each session. Not suitable for absolute beginners.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00227	Tue	7:30 - 9:30 PM	07/01/2020 - 31/03/2020	12	Kentwood	Peter Clifford	£125	(£100)

# Bromley Adult Education College – Programme 2019-20

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## Interior Design

### Interior Design - Essential Skills

Develop essential design skills and learn how to make the most of your space. Be able to create a unified and harmonious scheme with colour, texture & pattern. Choose materials, finishes, furniture & accessories to create the look you want. The cost of materials is not included in the course fee.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00196	Thu	10:00 - 1:00 PM	19/09/2019 - 12/12/2019	12	Kentwood	Rosemary Love	£199	(£159)

### Interior Design - Level 2 Certificate

This course follows the syllabus of the AIM Awards Level 2 Certificate in Interior design Skills. You will need to complete 6 mandatory units to achieve the qualification.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00169	Tue	9:30 - 3:00 PM	17/09/2019 - 23/06/2020	32	Kentwood	Rosemary Love	£660	(FREE)

## Italian

### Italian - Beginners Part 1

This is a course for complete beginners, those with limited knowledge of language or with no prior experience in language. By the end of the course, you will be able to take part in basic exchanges, using a limited range of words and expressions and basic correct grammatical structures, such as using greetings and exchanging basic information about yourself, recognise numbers and perform basic calculations including using money, tell the time and the date, order food and drinks and shop for basic items, follow directions, the weather, etc).

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00147	Mon	9:30 - 11:30 AM	16/09/2019 - 27/01/2020	16	Poverest	Giovina Guerra	£167	(£133)
K00193	Thu	7:00 - 9:00 PM	19/09/2019 - 30/01/2020	16	Kentwood	Nicolina Sambo-Bozza	£167	(£133)

# Bromley Adult Education College – Programme 2019-20

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## Italian – Beginners Part 2

Join this course after completing Beginners course Part 1 or if you got limited knowledge of language. By the end of the course, you will be able to take part in basic exchanges, using a limited range of words and expressions and basic correct grammatical structures, such as using greetings and exchanging basic information about yourself, recognise numbers and perform basic calculations including using money, tell the time and the date, order food and drinks and shop for basic items, follow directions, and participate in very short dialogues about everyday subjects (the weather, food and drinks, travel and directions and hobbies).

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00241	Mon	9:30 - 11:30 AM	03/02/2020 - 22/06/2020	16	Poverest	Giovina Guerra	£167	(£133)
K00268	Thu	7:00 - 9:00 PM	06/02/2020 - 25/06/2020	16	Kentwood	Nicolina Sambo-Bozza	£167	(£133)

## Italian - Post Beginners Part 1

A non-accredited course for those who can understand and use a limited range of words and basic phrases sufficient for survival in the target country. You will take part in basic conversations, carry out simple transactions so that your meaning is broadly clear, and talk about your interests, using present tense with reasonable confidence. Topics covered will enable you to consolidate and extend basic structures and deal with everyday and tourist situations.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00195	Thu	7:30 - 9:30 PM	19/09/2019 - 30/01/2020	16	Kentwood	Roberta Caruso	£167	(£133)

## Italian - Post Beginners Part 2

This course follows Post-Beginners Part 1 and will consolidate your skills so that you feel confident when taking part in basic conversations and exchanges. You will begin to express yourself so that you distinguish between past, present and future events and talk about your interests.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00164	Thu	7:30 - 9:30 PM	06/02/2020 - 25/06/2020	16	Kentwood	Roberta Caruso	£167	(£133)

# Bromley Adult Education College – Programme 2019-20

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## Italian - Improvers Part 1

This course is suitable for those who have completed a College Beginners Italian course or who have basic school or holiday Italian (equivalent to 70 to 100 hours study). The topics covered will give you greater flexibility and confidence in using the language and taking a more active part in conversations. By the end of the course, you will have sufficient vocabulary to deal with most practical situations and will be able to distinguish past, present and future events, using standard, predictable everyday language clearly and mainly accurately and correct grammar most of the time.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00182	Wed	12:30 - 2:30 PM	18/09/2019 - 29/01/2020	16	Kentwood	Nicolina Sambo-Bozza	£167	(£133)

## Italian - Improvers Part 2

This course follows Improvers Part 1 and builds a solid language foundation by consolidating and extending basic structures in everyday and tourist situations to a more competent level of communication. By the end of the course, you will have sufficient vocabulary to deal with most practical situations and will be able to distinguish past, present and future events, using standard, predictable everyday language clearly and mainly accurately. You will be able to express yourself using correct grammar most of the time, when talking about routine current events, what you did, what you are going to or will do. The course will develop the skills of speaking, listening, reading and writing.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00262	Wed	12:30 - 2:30 PM	05/02/2020 - 24/06/2020	16	Kentwood	Nicolina Sambo-Bozza	£167	(£133)

## Italian - Lower Intermediate Part 1

This course is suitable for those who completed Improver course and can talk in simple terms about their interests and past, present and future events; and can take part in exchanges related to common social and everyday interactions. By the end of the course, you will have sufficient vocabulary to deal with most practical situations and will be able to distinguish past, present and future events with more accuracy, using standard, predictable everyday language clearly and mainly accurately to maintain and develop an exchange. You will be able to express yourself using correct grammar most of the time, when talking about routine current events, what you did or have done, for how long, what you are going to or will do.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00146	Mon	7:30 - 9:30 PM	16/09/2019 - 27/01/2020	16	Kentwood	Giovina Guerra	£167	(£133)

# Bromley Adult Education College – Programme 2019-20

New courses are planned all year, please check the **Our Courses** pages on [www.baec.ac.uk](http://www.baec.ac.uk)

## Italian - Lower Intermediate Part 2

This course follows Lower Intermediates Part 1 and is suitable for those who can talk about their interests and past, present and future events and can take part in exchanges related to common social and everyday interactions. By the end of the course, you will have sufficient vocabulary to deal with most practical situations and will be able to distinguish past, present and future events with more accuracy, using standard, predictable everyday language clearly and mainly accurately. You will be able to express yourself using correct grammar most of the time, when talking about routine current events, what you did or have done, for how long, what you are going to or will do.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00240	Mon	7:30 - 9:30 PM	03/02/2020 - 22/06/2020	16	Kentwood	Giovina Guerra	£167	(£133)

## Italian - Higher Intermediate Part 1

This non-accredited higher intermediate course will enable you to participate in everyday conversations using clear language, support discussion with descriptions or appropriate examples and understand the essential points in other people's conversations. Topics covered will enable you to participate in a wide variety of activities based on authentic materials. By the end of the course, you will have increased your vocabulary and be able to exchange ideas and opinions about a variety of everyday subjects, follow the main points in an exchange and develop a clear coherent argument, linking ideas logically and able to deal with unscripted questions and emergencies.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00181	Wed	10:00 - 12:00 PM	18/09/2019 - 29/01/2020	16	Kentwood	Nicolina Sambo-Bozza	£167	(£133)

## Italian - Higher Intermediate Part 2

This non-accredited higher intermediate course will enable you to participate in everyday conversations using clear language, support discussion with descriptions or appropriate examples and understand the essential points in other people's conversations. Topics covered will enable you to participate in a wide variety of activities based on authentic materials. By the end of the course, you will have increased your vocabulary and be able to exchange ideas and opinions about a variety of everyday subjects, follow the main points in an exchange and develop a clear coherent argument, linking ideas logically and able to deal with unscripted questions and emergencies.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00261	Wed	10:00 - 12:00 PM	05/02/2020 - 24/06/2020	16	Kentwood	Nicolina Sambo-Bozza	£167	(£133)

# Bromley Adult Education College – Programme 2019-20

New courses are planned all year, please check the **Our Courses** pages on [www.baec.ac.uk](http://www.baec.ac.uk)

## Italian - Advanced

A non-accredited course for those with an advanced knowledge of Italian (GCE AS Level minimum) who can communicate using longer sentences which link ideas and develop clear, detailed arguments; and have working knowledge of tenses including subjunctive. By the end of the course, you will have consolidated your skills and be able to communicate in a variety of tenses, through the use of a wide variety of authentic materials. You will be able to participate in sustained exchanges on a range of complex or topical issues and give detailed information and/or explanations about past, present and future events.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00166	Tue	10:00 - 11:30 AM	17/09/2019 - 28/01/2020	16	Kentwood	Nicolina Sambo-Bozza	£231	None
P00177	Wed	9:30 - 11:00 AM	18/09/2019 - 29/01/2020	16	Poverest	Giovina Guerra	£231	None
P00216	Wed	9:30 - 11:00 AM	05/02/2020 - 24/06/2020	16	Poverest	Giovina Guerra	£231	None
K00250	Tue	10:00 - 11:30 AM	04/02/2020 - 23/06/2020	16	Kentwood	Nicolina Sambo-Bozza	£231	None

## London

### London - Walk the Lines

Walk the Lines - 10 weeks following the line of the Underground. Each week we will begin and end at a station on the same line discovering the history of London above ground as the underground passes beneath our feet. First week meet at Victoria Station platform 8.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
L00139	Wed	11:00 AM - 1:00 PM	11/09/2019 - 20/11/2019	10	Meet Out	Kate Boyle	£111	(£89)
L00140	Fri	11:00 AM - 1:00 PM	13/09/2019 - 22/11/2019	10	Meet Out	Kate Boyle	£111	(£89)

# Bromley Adult Education College – Programme 2019-20

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## London Calling

London has always called out to people, drawing them like a magnet from all over the world. These 10 walks will look at the people and places that have made London's call so alluring. From Mayfair and the Clubs of St James via Bethnal Green and the Pubs in Camden -but we'll start down by the River. First week's meeting place - The Black Friar pub opposite Blackfriars station on the corner of Queen Victoria Street and New Bridge Street.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
L00160	Tue	11:00 AM - 1:00 PM	17/09/2019 - 26/11/2019	10	Meet Out	Jill Finch	£111	(£89)
L00192	Thu	11:00 AM - 1:00 PM	19/09/2019 - 28/11/2019	10	Meet Out	Jill Finch	£111	(£89)

## Meditation

### Meditation - Learn to Meditate

This course teaches the basics of meditative practice whilst sampling a variety of other forms from walking to observational meditation. We will learn about and experience the Chakra energy system and the basics of Qi Gong. Meditation may help to improve health, happiness and wellbeing.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00155	Mon	7:00 - 9:00 PM	16/09/2019 - 14/10/2019	5	Kentwood	Theresa Borg	£55	(£54)

### Meditation, Relaxation and Visualisation

Loosely based on the practices of Yoga Nidra (conscious sleep) this class offers the opportunity to develop ever deepening states of physical relaxation, meditation and various forms of visualisation in order to bring about mental, physical and spiritual health.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00197	Thu	9:45 - 11:45 AM	19/09/2019 - 28/11/2019	10	Kentwood	Theresa Borg	£111	(£89)

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## Meditation - Mindfulness Meditation

A short course which teaches the art of Mindfulness Meditation, living in the "now" and how to deal with negative thinking from the very moment it arises.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00235	Mon	7:00 - 9:00 PM	13/01/2020 - 10/02/2020	5	Kentwood	Theresa Borg	£55	(£54)

## Meditation - Going Deeper

This course aims to develop basic techniques of meditative practise whilst gradually building up to longer and deeper sittings. You will explore the concept of individual Chakra energy centres and consider how these may affect our everyday lives. This class requires a willingness to be open minded and self aware as every day beliefs may be challenged.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00237	Thu	9:45 - 11:45 AM	16/01/2020 - 19/03/2020	9	Kentwood	Theresa Borg	£100	(£80)

## Meditation - Mindfulness

A short course which teaches the art of Mindfulness Meditation, living in the "now" and how to deal with negative thinking from the very moment it arises.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00273	Mon	7:00 - 9:00 PM	27/04/2020 - 11/05/2020	3	Kentwood	Theresa Borg	£33	(£27)

## Meditation - Mindfulness and Peaceful Living

This fun and informal class offers the opportunity to learn and develop ever deepening states of physical relaxation and Mindfulness practices. You will also learn as some basic psychology to improve your sense of peace and happiness.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00275	Thu	9:45 - 11:45 AM	30/04/2020 - 25/06/2020	8	Kentwood	Theresa Borg	£89	(£71)



# Bromley Adult Education College – Programme 2019-20

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## Patchwork and Quilting

### Patchwork - Playing with Patchwork

Make a quilt using a variety of techniques and blocks or bring a special project of your own that needs guidance. Suitable for beginners and more experienced. Bring basic sewing equipment (scissors, needles, threads) and any patchwork equipment you already have to the first lesson. There is a requirements list for this course.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00209	Wed	10:00 - 12:00 PM	02/10/2019 - 01/04/2020	22	Kentwood	Elizabeth Coates	£244	(£195)
K00210	Wed	1:00 - 3:00 PM	02/10/2019 - 01/04/2020	22	Kentwood	Elizabeth Coates	£244	(£195)

### Patchwork for All

Learn the basics of patchwork, then join your samples together to make a bag, a cushion or a throw. This is a mixed ability class so if you want to bring your own project to work on with guidance from the tutor, this is also possible. Bring basic sewing equipment (scissors, needles, threads) and any patchwork equipment you already have to the first lesson. There is a requirements list for this course.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00211	Wed	7:00 - 9:00 PM	02/10/2019 - 01/04/2020	22	Kentwood	Elizabeth Coates	£244	(£195)

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## Photography

### Photography - SLR Part 1

Learn how to get the most out of your SLR camera and how to take control of all the functions, menus and buttons. The course will cover basic camera settings to more advanced camera techniques. You will learn how to use your camera in manual and understand how to select appropriate apertures and shutter speeds. The course will cover composition and the different genres of photography such as portraits, landscapes and still life.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00168	Tue	7:30 - 9:30 PM	17/09/2019 - 10/12/2019	12	Kentwood	Pupak Navabpour	£133	(£106)
K00205	Fri	9:30 - 11:30 AM	20/09/2019 - 13/12/2019	12	Kentwood	Pupak Navabpour	£133	(£106)

### Photography - Level 2 Certificate

This qualification course will give you technical and creative skills in photography. There will be practical sessions at BAEC college with trips to galleries and field trips to take photos. Prior to enrolment, you will need to attend an interview. Contact the College on 020 8659 7976 for more info.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00120	Thu	09:30 AM - 2:00 PM	19/09/2019 - 18/06/2020	31	Kentwood	Pupak Navabpour	£527	(FREE)

# Bromley Adult Education College – Programme 2019-20

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## Pilates

### Pilates

Understand the principles of Pilates. Concentration, alignment, breathing, centring, relaxation, coordination, flowing movements and stamina. Improve core stability to achieve exercises with greater body awareness.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00143	Mon	9:30 - 10:30 AM	16/09/2019 - 09/12/2019	12	Poverest	Carole Smith	£66	(£53)
P00144	Mon	10:50 - 11:50 AM	16/09/2019 - 09/12/2019	12	Poverest	Carole Smith	£66	(£53)
P00218	Mon	9:30 - 10:30 AM	06/01/2020 - 30/03/2020	12	Poverest	Carole Smith	£66	(£53)
P00219	Mon	10:50 - 11:50 AM	06/01/2020 - 30/03/2020	12	Poverest	Carole Smith	£66	(£53)

# Bromley Adult Education College – Programme 2019-20

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## Sign Language and Lip Reading

### Lip Reading - Part 1

Learn basic lip reading techniques on this course for those who struggle to hear in everyday life.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00149	Mon	2:00 - 4:00 PM	16/09/2019 - 27/01/2020	16	Poverest	Lisa Cox	£167	(£133)

### Lip Reading - Part 2

Develop your basic lip reading techniques further on this course for those who struggle to hear in everyday life.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00242	Mon	2:00 - 4:00 PM	03/02/2020 - 15/06/2020	15	Poverest	Lisa Cox	£156	(£125)

### Lip Reading - Improvers Part 1

For those who have mastered basic lip reading techniques and wish to progress further. Improve your ability to lip read so that you can take part in everyday conversations.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00163	Tue	9:30 - 11:30 AM	17/09/2019 - 28/01/2020	16	Poverest	Lisa Cox	£167	(£133)

### Lip Reading - Improvers Part 2

For those who have mastered basic lip reading techniques and wish to progress further. Improve your ability to lip read so that you can take part in everyday conversations.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00249	Tue	9:30 - 11:30 AM	04/02/2020 - 23/06/2020	16	Poverest	Lisa Cox	£167	(£133)

# Bromley Adult Education College – Programme 2019-20

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## Sign Language - Introduction

If you have no previous experience of British Sign Language but are thinking about studying towards a BSL Level 1 qualification, this taster course will enable you to find out more about the classroom and the out-of-class requirements.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00148	Mon	7:30 - 9:00 PM	16/09/2019 - 28/10/2019	6	Kentwood	John Archbold	£47	(£38)
K00221	Mon	7:30 - 9:00 PM	06/01/2020 - 10/02/2020	6	Kentwood	John Archbold	£47	(£38)
K00271	Mon	7:30 - 9:00 PM	27/04/2020 - 08/06/2020	6	Kentwood	John Archbold	£47	(£38)

## Sign Language - BSL Level 1

This course will follow the Signature syllabus for Level 1 in British Sign Language. This qualification is designed to enable you to communicate with deaf people in British Sign Language on a range of topics that involve simple everyday language use.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00118	Tue	7:30 - 9:30 PM	17/09/2019 - 23/06/2020	32	Kentwood	John Archbold	£345	(FREE)
K00131	Wed	7:30 - 9:30 PM	30/10/2019 - 24/06/2020	27	Kentwood	John Archbold	£345	(FREE)

# Bromley Adult Education College – Programme 2019-20

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## Spanish

### Spanish - Beginners Part 1

This is a course for complete beginners, those with limited knowledge of language or with no prior experience in language. By the end of the course, you will be able to take part in basic exchanges, using a limited range of words and expressions and basic correct grammatical structures, such as using greetings and exchanging basic information about yourself, recognise numbers and perform basic calculations including using money, tell the time and the date, order food and drinks and shop for basic items, follow directions, the weather, etc).

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00142	Mon	7:30 - 9:30 PM	16/09/2019 - 27/01/2020	16	Kentwood	Bibi Holmes	£167	(£133)
P00190	Thu	11:45 - 1:45 PM	19/09/2019 - 30/01/2020	16	Poverest	Katy Fernandez	£167	(£133)

### Spanish - Beginners Part 2

Join this course after completing Beginners course Part 1 or if you got limited knowledge of language. By the end of the course, you will be able to take part in basic exchanges, using a limited range of words and expressions and basic correct grammatical structures, such as using greetings and exchanging basic information about yourself, recognise numbers and perform basic calculations including using money, tell the time and the date, order food and drinks and shop for basic items, follow directions, and participate in very short dialogues about everyday subjects (the weather, food and drinks, travel and directions and hobbies).

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00239	Mon	7:30 - 9:30 PM	03/02/2020 - 22/06/2020	16	Kentwood	Bibi Holmes	£167	(£133)
P00260	Thu	11:45 - 1:45 PM	06/02/2020 - 25/06/2020	16	Poverest	Katy Fernandez	£167	(£133)

# Bromley Adult Education College – Programme 2019-20

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## Spanish - Post Beginners Part 1

A non-accredited course for those who can understand and use a limited range of words and basic phrases sufficient for survival in the target country. You will take part in basic conversations, carry out simple transactions so that your meaning is broadly clear, and talk about your interests, using present tense with reasonable confidence. Topics covered will enable you to consolidate and extend basic structures and deal with everyday and tourist situations.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00176	Wed	7:30 - 9:30 PM	18/09/2019 - 29/01/2020	16	Poverest	Katy Fernandez	£167	(£133)

## Spanish - Post Beginners Part 2

This course follows Post-Beginners Part 1 and will consolidate your skills so that you feel confident when taking part in basic conversations and exchanges. You will begin to express yourself so that you distinguish between past, present and future events and talk about your interests.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00254	Wed	7:30 - 9:30 PM	05/02/2020 - 24/06/2020	16	Poverest	Katy Fernandez	£167	(£133)

## Spanish - Improvers Part 1

This course is suitable for those who have completed a College Beginners Spanish course or who have basic school or holiday Spanish (equivalent to 70 to 100 hours study). The topics covered will give you greater flexibility and confidence in using the language and taking a more active part in conversations. By the end of the course, you will have sufficient vocabulary to deal with most practical situations and will be able to distinguish past, present and future events, using standard, predictable everyday language clearly and mainly accurately and correct grammar most of the time.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00175	Wed	12:15 - 2:15 PM	18/09/2019 - 29/01/2020	16	Kentwood	Bibi Holmes	£167	(£133)
P00189	Thu	9:30 - 11:30 AM	19/09/2019 - 30/01/2020	16	Poverest	Katy Fernandez	£167	(£133)

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## Spanish - Improvers Part 2

This course follows Improvers Part 1 and builds a solid language foundation by consolidating and extending basic structures in everyday and tourist situations to a more competent level of communication. By the end of the course, you will have sufficient vocabulary to deal with most practical situations and will be able to distinguish past, present and future events, using standard, predictable everyday language clearly and mainly accurately. You will be able to express yourself using correct grammar most of the time, when talking about routine current events, what you did, what you are going to or will do. The course will develop the skills of speaking, listening, reading and writing.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00253	Wed	12:15 - 2:15 PM	05/02/2020 - 24/06/2020	16	Kentwood	Bibi Holmes	£167	(£133)
P00259	Thu	9:30 - 11:30 AM	06/02/2020 - 25/06/2020	16	Poverest	Katy Fernandez	£167	(£133)

## Spanish - Lower Intermediate Part 1

This course is suitable for those who completed Improver course and can talk in simple terms about their interests and past, present and future events; and can take part in exchanges related to common social and everyday interactions. By the end of the course, you will have sufficient vocabulary to deal with most practical situations and will be able to distinguish past, present and future events with more accuracy, using standard, predictable everyday language clearly and mainly accurately to maintain and develop an exchange. You will be able to express yourself using correct grammar most of the time, when talking about routine current events, what you did or have done, for how long, what you are going to or will do.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00174	Wed	9:45 - 11:45 AM	18/09/2019 - 29/01/2020	16	Kentwood	Bibi Holmes	£167	(£133)
P00200	Fri	9:30 - 11:30 AM	20/09/2019 - 31/01/2020	16	Poverest	Katy Fernandez	£167	(£133)



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## Spanish - Lower Intermediate Part 2

This course follows Lower Intermediates Part 1 and is suitable for those who can talk about their interests and past, present and future events and can take part in exchanges related to common social and everyday interactions. By the end of the course, you will have sufficient vocabulary to deal with most practical situations and will be able to distinguish past, present and future events with more accuracy, using standard, predictable everyday language clearly and mainly accurately. You will be able to express yourself using correct grammar most of the time, when talking about routine current events, what you did or have done, for how long, what you are going to or will do.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00252	Wed	9:45 - 11:45 AM	05/02/2020 - 24/06/2020	16	Kentwood	Bibi Holmes	£167	(£133)
P00265	Fri	9:30 - 11:30 AM	07/02/2020 - 03/07/2020	16	Poverest	Katy Fernandez	£167	(£133)

## Spanish – Higher Intermediate Part 1

This non-accredited higher intermediate course will enable you to participate in everyday conversations using clear simple language, support discussion with descriptions or appropriate examples and understand the essential points in other people's conversations. Topics covered will enable you to participate in a wide variety of activities based on authentic materials. By the end of the course, you will have increased your vocabulary and be able to exchange ideas and opinions about a variety of everyday subjects, follow the main points in an exchange and develop a clear coherent argument, linking ideas logically and able to deal with unscripted questions and emergencies.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00880	Wed	7:30 - 9:30 PM	18/09/2019 - 29/01/2020	16	Kentwood	Bibi Holmes	£167	£133

## Spanish – Higher Intermediate Part 2

This non-accredited higher intermediate course will enable you to participate in everyday conversations using clear simple language, support discussion with descriptions or appropriate examples and understand the essential points in other people's conversations. Topics covered will enable you to participate in a wide variety of activities based on authentic materials. By the end of the course, you will have increased your vocabulary and be able to exchange ideas and opinions about a variety of everyday subjects, follow the main points in an exchange and develop a clear coherent argument, linking ideas logically and able to deal with unscripted questions and emergencies.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00881	Wed	7:30 - 9:30 PM	05/02/2020 - 24/06/2020	16	Kentwood	Bibi Holmes	£167	£133

The Kentwood Centre 020 8659 7976

40

The Poverest Centre 01689 822886

# Bromley Adult Education College – Programme 2019-20

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## Spanish - Conversational

Do you want to improve your spoken Spanish? Understand and converse? Join our Conversational Spanish and learn with a native tutor. This course is not suitable for beginners or those with limited skills in Spanish. This course is suitable for learners with intermediate skills in Spanish.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00201	Fri	11:45 - 12:45 PM	20/09/2019 - 31/01/2020	16	Poverest	Katy Fernandez	£154	None
P00266	Fri	11:45 - 12:45 PM	07/02/2020 - 03/07/2020	16	Poverest	Katy Fernandez	£154	None

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## Stained Glass

### Stained Glass - Beginners & Intermediate

Come and learn the traditional art of stained glass to create your own unique items. Students new to the subject will learn to create suitable designs, cut glass accurately; assemble a small leaded panel, soldering neatly and apply finishing techniques. More experienced students will learn work to window rebates, cut more complex glass shapes, develop lead or copperfoil assembly technique and soldering skills including working with wire and decorative soldering. All will work to the health and safety requirements for each different stage of this craft. The cost of materials or tools is not included in the cost of the course.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00184	Wed	10:00 - 12:30 PM	18/09/2019 - 29/01/2020	16	Kentwood	Nicky Calvert	£222	(£177)
K00185	Wed	1:00 - 3:00 PM	18/09/2019 - 29/01/2020	16	Kentwood	Nicky Calvert	£177	(£142)
K00186	Wed	7:00 - 9:00 PM	18/09/2019 - 29/01/2020	16	Kentwood	Nicky Calvert	£177	(£142)
K00256	Wed	10:00 - 12:30 PM	05/02/2020 - 24/06/2020	16	Kentwood	Nicky Calvert	£222	(£177)
K00257	Wed	1:00 - 3:00 PM	05/02/2020 - 24/06/2020	16	Kentwood	Nicky Calvert	£177	(£142)
K00258	Wed	7:00 - 9:00 PM	05/02/2020 - 24/06/2020	16	Kentwood	Nicky Calvert	£177	(£142)

## Upholstery

### Upholstery Workshop

A workshop for all abilities. Learn a variety of skills using traditional methods, eg webbing, springing, bridling, fitting top covers and buttoning. Project will be your own choice of chair or stool, small projects only as there are no storage facilities on site. Beginners welcome. The cost of materials is not included in the cost of the course.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00206	Fri	9:45 - 11:45 AM	20/09/2019 - 22/05/2020	28	Kentwood	Stephen Simpson	£310	(£248)
K00207	Fri	12:15 - 2:15 PM	20/09/2019 - 22/05/2020	28	Kentwood	Stephen Simpson	£310	(£248)

# Bromley Adult Education College – Programme 2019-20

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## Wellbeing

### Wellbeing - The Power of Positive Thinking

Learn how to harness the power of positive thinking to enhance your life in all areas. We will look at law of attraction, NLP (neuro linguistic programming), release of sponsoring thoughts and blocks to achieving your intentions.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00187	Wed	9:45 - 11:45 AM	18/09/2019 - 27/11/2019	10	Kentwood	Theresa Borg	£104	(£83)

### Wellbeing - Stories that Heal

Human beings have always told their stories, especially in times of distress/crisis. By means of telling, sharing and listening, healing can take place. What are the key features of a story? We will explore the major themes, characters, emotions and plots that make up a story.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
P00906	Wed	7:00 – 9:30 PM	18/09/2019 - 16/10/2019	5	Poverest	Ed Ramsay	£120	(None)

### Wellbeing - Understand Anxiety and Stress

This course will look at new theories and research around depression, anxiety and stress and how (DAS) may be rooted in our early experiences. We will learn a variety of coping tools and techniques and explore one's own personal stories of DAS.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00208	Fri	9:45 - 11:45 AM	20/09/2019 - 29/11/2019	10	Kentwood	Theresa Borg	£104	(£83)

### Wellbeing - Myths of Food and Eating

This course will explore the myths around food, metabolism, fasting and calories etc. We will also look at one's personal story around food and eating and how this may affect weight, body image and self-esteem.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00214	Mon	7:00 - 9:00 PM	04/11/2019 - 25/11/2019	4	Kentwood	Theresa Borg	£42	(£33)

# Bromley Adult Education College – Programme 2019-20

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## Wellbeing - change thoughts, change life

We will explore more deeply our habitual patterns of thinking, beliefs and behaviours in a more detailed way using our own experiences. We will use a variety of exercises and strategies to make a real change in our lives.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00236	Wed	9:45 - 11:45 AM	15/01/2020 - 18/03/2020	9	Kentwood	Theresa Borg	£94	(£75)

## Wellbeing - Emotional Resilience

Learn how to improve your self-esteem and grow stronger and more assertive in your life. There will be a variety of subjects covered including assertiveness, practical empowerment techniques, tools and strategies for confidence and each session will include a visualisation for coping, letting go and emotional healing.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00238	Fri	9:45 - 11:45 AM	17/01/2020 - 20/03/2020	9	Kentwood	Theresa Borg	£94	(£75)

## Wellbeing - Personal Development

This course will allow you to learn a variety of confidence strategies and goal setting techniques to facilitate new ways of thinking and moving forward in life. You will complete a range of exercises to work on your own specific issues/goals, who you really are and your place in the world.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00274	Wed	9:45 - 11:45 AM	29/04/2020 - 24/06/2020	8	Kentwood	Theresa Borg	£83	(£67)

## Wellbeing - Be your own Coach

A fun, informal course that will teach you a range of easy to understand strategies to identify the source of issues or problems in your life. You will learn various CBT, NLP and other exercises to help you to overcome these problems for yourself. In this way you can indeed become your own coach!

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00277	Fri	9:45 - 11:45 AM	01/05/2020 - 03/07/2020	8	Kentwood	Theresa Borg	£83	(£67)

# Bromley Adult Education College – Programme 2019-20

New courses are planned all year, please check the **Our Courses** pages on [www.baec.ac.uk](http://www.baec.ac.uk)

## Yoga

### Yoga - Hatha Yoga

Through Hatha Yoga you will work gently focusing on physical and mental strength building postures, working through the breath and with emphasis on relaxation. Holistic yogic path which includes postures (asana), purification procedures (shatkriya), gestures (mudra), breathing (pranayama) and meditation. A recognized stress-reducing practice.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00157	Tue	7:30 - 9:00 PM	17/09/2019 - 10/12/2019	12	Kentwood	Ebonee Ozkan	£100	(£80)
K00226	Tue	7:30 - 9:00 PM	07/01/2020 - 31/03/2020	12	Kentwood	Ebonee Ozkan	£100	(£80)

### Yoga for all

Improve your stamina, strength and flexibility. Learn relaxation techniques and reduce stress levels.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Fees	
							Full	Concessions
K00191	Thu	7:30 - 9:00 PM	19/09/2019 - 12/12/2019	12	Kentwood	Giovina Guerra	£100	(£80)
K00232	Thu	7:30 - 9:00 PM	09/01/2020 - 02/04/2020	12	Kentwood	Giovina Guerra	£100	(£80)

# Bromley Adult Education College – Programme 2019-20

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## 2019/2020 Course Fees

### Funding and Proof of Eligibility

The majority of our courses benefit from funding from the Greater London Authority (GLA), Education and Skills Funding Agency (ESFA), or the European Social Fund (ESF). The GLA/ ESFA/ESF require the College to provide evidence of student identity and eligibility.

For a student to be eligible for GLA/ESFA funding, they must have a legal right to be resident in the United Kingdom/EU/EEA for a period of time prior to the start of the course. For further guidance on eligibility please refer to the Eligibility Leaflet. This is also available from all main centres. We have listed the most common scenarios but if you cannot identify your own situation, we will be happy to discuss this with you.

The College will require you to provide your passport, birth certificate or home office papers to prove your eligibility. You will also be required to complete and sign an individual learner record to confirm eligibility. Anyone who, if required, fails to provide proof of their eligibility will be charged course fees at the rate of £9.63 per hour plus any other costs. Anyone who is not eligible for such funding will also be required to pay tuition fees at the rate of £9.63 per hour plus any other costs.

### Aged 19 or over

If you are in receipt of state benefits other than state pension and child benefit, you may be eligible for a reduction in fees for any course that is supported by GLA/ESFA funding. For non-accredited courses this will be a maximum of 20%. For approved qualification courses, the course may be free provided you can confirm that you are unemployed and actively seeking work. Also, if you are working but are on a low income, you may be eligible for a free course. Please ask for details.

If you are in receipt of benefits, you may be asked to bring current evidence of this, together with your passport, birth certificate or home office papers, to the College each time you enrol. You will be asked to self-declare and sign a form to say you are in receipt of these benefits.

Please note, some courses do not attract any Government funding from the GLA/ ESFA, and/or concessions are not available. See individual course information pages for details.

In addition, for students not in receipt of benefit and not working who have difficulty in meeting the cost, we may be able to help you through the Learner Support Funds provided by the GLA/ESFA. However, this is a very limited amount of money. For more information telephone Helen Hart on 020 8659 7976 or email [enquiries@baec.ac.uk](mailto:enquiries@baec.ac.uk)

### Paying by instalments

If your course is more than 16 weeks long, you may pay for your course in three instalments. Please ask for information at the time of enrolment.

### Please note

Bromley Adult Education College cannot enrol you on another course while there is a balance of fees outstanding for any previous enrolment.

There may be further costs incurred after joining the course e.g. course materials, tools and equipment. Please read the course information page before enrolling.

### Aged 16-18 years

Our courses are for learners aged 19 and over only. Please see [LSEC](#) for information on courses for 16-18 year olds.

### Exam and Accreditation Fees

Examination, accreditation and administration costs are generally included in the course fee, with the exception of ESOL where the exam fees are payable separately. Please check the details in each course description. All examination/accreditation and administration fees are non-refundable as they are passed on to external examining bodies.

# Bromley Adult Education College – Programme 2019-20

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## Where to Find Us

### Kentwood Centre

Kingsdale Road, Penge, SE20 7PR  
Tel: 020 8659 7976

#### Office open

9.00-16.00 (Monday to Thursday)

9.00-15.00 (Friday)

18.30-20.30 (Monday to Thursday  
evenings **term time only**)

#### Public Transport



Kent House and Clockhouse

Tramlink: Beckenham Road



High Street, Penge: 194, 227 & 358; nearby - 75, 176, 197



### Poverest Centre

Poverest Road, Orpington, BR5 2DQ  
Tel: 01689 822886  
Fax: 01689 827641

#### Office open term time only

9.00-16.00 (Monday to Thursday)

9.00-15.00 (Friday)

18.30-20.30 (Monday and Wednesday  
evenings)

#### Public Transport



Petts Wood and St. Mary Cray



Poverest Road: 273  
Nearby – 61 and R3

