

# **Bromley Adult Education College**

**Courses for Adults** 

# SPRING 2020

For full course details go to: **www.baec.ac.uk** Or enquire at one of the centres

> Kentwood Centre 020 8659 7976 Poverest Centre 01689 822886

Email: enquiries@baec.ac.uk

# **Bringing Learning Alive**

Course details subject to change

Revised: 09/12/19





Education & Skills Funding Agency

SUPPORTED BY

MAYOR OF LONDON

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# Bromley Adult Education College – Spring Programme 2020

New courses are planned all year, please check the **Course List** pages on <u>www.baec.ac.uk</u>

# **Term Dates**

#### **Term Dates for 2019-2020**

	Dates					
	Monday 16 September – Friday 18 October 2019					
Autumn 2019	Half-term 21 October – 25 October 2019					
	Monday 28 October – Friday 13 December 2019					
	Christmas Break					
	Monday 06 January –Friday 14 February 2020					
Spring 2020	Half-term 17 - 21 February 2020					
	Monday 24 February – Friday 03 April 2020					
	Easter Break					
	Monday 27 April – Friday 22 May 2020 (Bank Holiday Monday 08 May)					
Summer 2020	Half-term 25 May – 29 May 2020					
	Monday 01 June –Friday 26 June 2020					

# **Community Outreach Learning**

Our Community Learning Outreach programmes aim to enable all members of the local community to access learning and secure the best possible outcomes for vulnerable and disadvantaged adults in the community.

Our community courses are great for those who want to try something new, gain confidence with learning, become more involved in their community or improve their skills to get them on the road towards realising their life goals.

You cannot enrol individually on Outreach programmes; we work closely with a range of partners to create tailored courses for small groups of learners. We run many different courses for families, adults and older residents in partnership with a range of organisations, from small voluntary groups to community centres and residential providers as well as Bromley services such as Bromley Well. A wide variety of subjects include English literacy and language, numeracy, preparation to employment, creative arts, crafts, computing, cookery, confidence building, exercise, family learning, mindfulness, and courses for learners with disabilities or learning difficulties.

If you are interested in joining a course, please email Agnes Jeary on

#### agnesj@baec.ac.uk or call 0208 8659 7976.

We can then put you in touch with one of our partner organisations, depending on your circumstances.

If you would like more information on our partnership work or if you belong to a community group and would like to talk to us about our Community Learning opportunities, please email or phone as above.



# **English and Maths Functional Skills Courses**

English and Maths courses started in September 2019 Functional Skills classes start week beginning 20th Jan 2020 If you have a strong level, book an initial assessment ASAP GCSE Maths and English courses will start in September 2020

Do you lack the English and/or maths skills you need to work, study or support your children? Did you miss out on a qualification at school?

#### Only Entry levels and Level 1 places available

All classes are **FREE** subject to eligibility, regardless of benefit status.

# You will need to have an initial assessment to determine your current level of English/maths to ensure you are placed in the correct class.

To make an appointment for an interview/assessment, or for more information, please contact:

#### Pat Johnson on Tel: 020 8676 5545 OR Email: <u>patricia.johnson@baec.ac.uk</u>

# **English for Speakers of Other Languages (ESOL)**

#### These courses started in September 2019

#### Places still available on some courses but you need an initial

#### assessment first - details at the bottom of the page

Do you want to improve your English language skills?

Would you like to develop your speaking, listening, reading and writing skills to find work, help your children with their homework, or go on to further study in the UK?

We offer ESOL classes for learners from other countries that are settled in the UK and would like to gain nationally recognised qualifications.

Classes are FREE for eligible students receiving certain benefits and who are looking for work, and those earning less than £20,572 annual gross salary, subject to eligibility.

This is a one year programme of study in 3 parts - you may be able to join in Term 2:

Term 1 – September-December 2019 Term 2 – January-March 2020 Term 3 – April-June 2020

For those paying for their course, fees are payable termly.

You will need to have an initial assessment to determine your current level of English to ensure you are placed in the correct class.

To make an appointment for an interview/assessment please contact:

#### Pat Johnson on Tel: 020 8676 5545 OR Email: <u>patricia.johnson@baec.ac.uk</u>

On the interview day please ensure you bring in your passport or home office papers, plus any relevant benefit documentation.

# Learners with Learning Difficulties or Disabilities

#### These courses started in September 2019,

#### but there are a few available spaces

#### Book an initial assessment if interested - details below

We offer a range of non-accredited courses to help you develop:

- Skills for independent living
- Skills for employment
- Skills to improve your confidence and communication
- English and maths skills

Classes are held at the Poverest Centre in Orpington, Poverest Road, BR5 2DQ

Courses on offer include:

#### Art and Craft, Cookery, Dance and Drama, Gardening, Basic Computing, Photography, English, Maths Communication Skills, Animal Care, Music

Courses run on a termly basis – you may be able to join in Term 2:

Term 1 – September-December 2019 Term 2 – January-March 2020 Term 3 – April-June 2020

If you are new to the college and are interested in joining any of these classes you will need to come for an initial assessment.

For further details and to book an assessment/interview, please call:

#### Tel: 01689 822886

On the interview day please ensure you bring in your passport/birth certificate, plus any relevant education, health and care documentation.

The Kentwood Centre 020 8659 7976

# **Modern Foreign Languages in 2019-20**

BAEC offers year-long programmes and short intensive courses in French, Italian and Spanish. All courses are taught by highly experienced tutors, the majority of whom are native speakers.

There are four levels from beginners to intermediates in a coordinated progression route.

Long courses last 16 weeks. Each academic year is divided into two halves, totalling 32 weeks of tuition. Part 1 courses start in September 2019 and Part 2 start immediately afterwards in February 2020. You should complete Part 1 before progressing to Part 2, but you can enrol on both courses at the same time.

Language courses normally include an Initial Assessment activity in the first session and you may be offered the possibility of transferring to another course if your level is higher or lower than the advertised level of the course.

#### Year 1 – Basic

For those who cannot speak, read or write any of the language, or can recognise and use a few familiar words and phrases, ask and answer simple questions.

#### Year 2 – Improvers

For those who can take part in basic exchanges relating to personal details, needs and interests; and can carry out elementary transactions in everyday situations; using a limited range of words and expressions and basic correct grammatical structures.

#### Year 3 – Lower intermediates

For those who can communicate using basic but broadly correct grammar and a limited range of common vocabulary; and are beginning to express the differences between past, present and future events.

#### Year 4 – Higher intermediates

For those who can maintain a conversation using a sound command of vocabulary and commonly used sentence structures; recognise and express the differences between past, present and future events.

#### **Advanced classes**

Language learning is ongoing and continuous practice is necessary to retain fluency.

Beyond Year 4, we provide Conversational, Advanced and Proficiency classes. You may enrol on these classes year after year, they do not follow a set syllabus, objectives are set by mutual agreement with the tutor. These classes are funded mainly through learners' fees.

If you require further information, please email Agnes Jeary <u>agnesi@baec.ac.uk</u> or phone the Kentwood centre on 0208 659 7976 and ask to speak to Agnes Jeary.

# Bromley Adult Education College – Spring Programme 2020

New courses are planned all year, please check the **Course List** pages on <u>www.baec.ac.uk</u>



#### Tuesdays, 10.00 am – 2.00 pm

The ideal place to come, if you are looking for work and need some help:-

- Searching and applying for jobs online
- CV and interview skills advice
- Using the 'Find a Job' website
- Information on courses available

#### Just come along to Room 3 (next to reception)



#### **LEARNING SUPPORT HUB** BROMLEY ADULT EDUCATION CENTRE

A place for you to catch up with homework, use the computers, get study skills support.

- Kentwood Centre every Tuesday 12.30 pm 2.30 pm in Room 12
- Poverest Centre every Thursday 2.00 pm 4.00 pm in Room 2

No appointment necessary, just drop by during the times listed above.

Sessions are facilitated by Jenny Amato, contact her by email on: jenny.amato@baec.ac.uk

This is a list of current courses, but it isn't necessarily up-to-date. New courses are planned all year, please check the **Course List** pages on our website for more details: <u>www.baec.ac.uk</u> If you cannot see a course listed or a course is full please contact the college on one of the telephone numbers at the bottom of the page, as they will be able to advise you and there may be a waiting list.

## **Art Appreciation**

These courses started in September 2019 and may be full. Please enquire on one of the phone numbers at the bottom of the page to see if there are any spaces and whether you can join the course. Courses will start again in September 2020.

## **Book-keeping and Accounting**

#### Accounting (computerised) - Level 1

This level 1 qualification will enable you to gain basic knowledge, understanding and skills of using computerised bookkeeping software using Sage, to enhance your chances of employment. Leads to an IAB Level 1 Award in Computerised Accounting for Business. Candidates will need a pre-course interview and assessment before enrolling on this course. Please call 020 8659 7976 to arrange this.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00135	Wed	9:30 - 12:30 PM	08/01/2020 - 01/04/2020	12	Kentwood	Veronica Hughes	£299	FREE

#### Accounting (computerised) - Level 2

This is an ideal follow on course for those students who have already achieved the Level 1 qualification. The course fee includes a time-limited version of Sage for home study. Please note there may be additional fees for resits. Upon successful completion of the assessments in class you will be awarded an IAB Level 2 Certificate in Computerised Accounting for Business.

Candidates who have completed the IAB Level 1 Certificate at BAEC can enrol at one of our centres, otherwise you will need a pre-course interview and assessment before enrolling on this course. Please call 020 8659 7976 to arrange this.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	F Full	ees Concessions
K00138	Wed	6:30 - 9:30 PM	05/02/2020 - 24/06/2020	16	Kentwood	Linda Oulton	£385	FREE

# **Botanical Illustration**

#### **Botanical Illustration**

Beginners, flower painters and botanists are all welcome. Something for everyone who loves plants, for those who want to acquire basic skills or improve their existing skills. The cost of materials is not included in the cost of the course.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00222	Mon	10:00 - 12:30 PM	06/01/2020 - 30/03/2020	12	Kentwood	Mayumi Hashi	£166	£133

# **Cake Decorating and Sugarcraft**

#### **Cake Decorating - Intro To Sugarcraft**

The course will provide learners with the opportunity to learn how to:

- make buttercream and use it to pipe decorations and cover cakes
- cover a cake with sugar paste and make decorations with sugarpaste
- make modelling paste and use to create a sugar model

- use flower paste to make sugar flowers

The sessions will usually involve a demonstration by the tutor followed by a practical exercise for learners to have a go. A list of items for each session will be handed out during the previous weeks class. The first class will show the learners the different types of icings that will be used throughout the course and include a fun 'hands on' exercise to make a sugar model. The tutor will provide the materials for this.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
P00956	Mon	7:00 - 9:00 PM	06/01/2020 - 16/03/2020	10	Poverest	Judy Kimmins	£111	£89

#### **Cake Decorating - Sugar flowers**

Use sugar paste to make sugar flowers creating a spring floral spray. You will learn about different types of edible modelling mediums, how to colour them and shape to create floral decorations. The cost of materials will be kept below £20 and you will need a box to transport the pieces weekly.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00230	Wed	7:00 - 9:00 PM	08/01/2020 - 12/02/2020	6	Kentwood	Judy Kimmins	£66	£53

# **Clothes/Dressmaking**

Please note the cost of materials and equipment used are not included in the cost of these courses. You will be expected to provide your own fabric, patterns and haberdashery for each garment made. The tutor will advise. Please bring basic sewing equipment: tape measure, pins, needles, scissors and threads, pen and paper. If you require glasses for close work, please bring them to each session.

#### Clothesmaking

Learn or improve your skills in how to measure yourself accurately, how to read, understand and make simple alterations to a commercial pattern, how to layout, cut out and mark correctly, how to complete simple alterations and a variety of seams, darts and gathers, how to put in a sleeve, various sewing techniques e.g. seams and seam finishes, hems and zip insertion. The cost of materials and equipment used is not included in the cost of the course. You will be expected to provide your own fabric, patterns and haberdashery for each garment made. The tutor will advise. Please bring basic sewing equipment: tape measure, pins, needles, scissors and threads. Pen and paper. If you require glasses for close work, please bring them to each session.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00223	Mon	9:45 - 12:15 PM	06/01/2020 - 30/03/2020	12	Kentwood	Nicholine Bailey	£166	£133
K00224	Mon	1:00 - 3:00 PM	06/01/2020 - 30/03/2020	12	Kentwood	Nicholine Bailey	£133	£106
K00225	Mon	7:00 - 9:30 PM	06/01/2020 - 30/03/2020	12	Kentwood	Nicholine Bailey	£166	£133

#### **Clothesmaking - Pattern Cutting Bodices**

On this course you will learn how to draft a block using your own body measurements. Once completed you will customise the fit to create a well-fitting basic block and use this to create your own personally styled garments. Each course will concentrate on a specific block -Spring term - a bodice block. The cost of materials is not included in the cost of the course. You will be expected to provide your own fabric, patterns and haberdashery for each garment made. Please bring Pattern cutting tools required: pattern master/ dressmaker grading set square/fashion curve, mechcanical pencil, paper scissors, dressmakers tracing paper, tracing wheel, eraser, tape measure and masking tape.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00231	Wed	9:45 - 12:15 PM	08/01/2020 - 01/04/2020	12	Kentwood	Nicholine Bailey	£166	£133

#### **Clothesmaking - Pattern Cutting Trousers**

On this course you will learn how to draft a block using your own body measurements. Once completed you will customise the fit to create a well-fitting basic block and use this to create your own personally styled garments. Each course will concentrate on a specific block -Summer term - Trouser or Dress Block. The cost of materials is not included in the cost of the course. You will be expected to provide your own fabric, patterns and haberdashery for each garment made. Please bring Pattern cutting tools required: pattern master/ dressmaker grading set square/fashion curve, mechcanical pencil, paper scissors, dressmakers tracing paper, tracing wheel, eraser, tape measure and masking tape.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00272	Wed	9:45 - 12:15 PM	29/04/2020 - 24/06/2020	8	Kentwood	Nicholine Bailey	£111	£89

# Computing

All of our computing classes take place in dedicated IT rooms where there is a computer for each learner in the class.

#### **Computing - ECDL**

Gain a Level 2 IT qualification with ECDL. This course includes ECDL Extra. As well as learning Word Processing, Spreadsheets and Presentations, the final module, Improving Productivity using IT, enables you to use all these applications together and demonstrate skills that are in demand for today's office environment. This course is not suitable for beginners and you must have some working knowledge of at least word processing before enrolling. It is not suitable for anybody who is apprehensive about computers or examinations. You are required to complete 4 formal assessments to successfully gain the ECDL Extra Certificate. Candidates will need a pre-course interview and assessment before enrolling on this course. Please call 020 8659 7976 to arrange this.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00129	Mon	7:00 - 9:30 PM	06/01/2020 - 22/06/2020	20	Kentwood	Karen Beaumont	£326	FREE

#### **Computing - Level 1 Office IT Skills**

An ideal course if you are looking to gain skills and knowledge to help you find work in an administrative or office based role. You will learn the basics of word processing, using spreadsheets and creating presentations. Suitable for beginners to computing as well as those who need to up-skill. Upon successful completion of the assignments in class, you will gain a Level 1 Award. Interview not required.

Course			Tutor	Fees				
Code				Weeks			Full	Concessions
K01039	Mon	9:30 - 12:30 PM	06/01/2020 - 30/03/2020	12	Kentwood	Karen Beaumont	£174	FREE
P01052	Fri	9:30 - 12:45 PM	17/01/2020 - 3/04/2020	11	Poverest	Jill Collier	£174	FREE
K01040	Wed	9:30 - 4:00 PM	29/04/2020 - 10/06/2020	6	Kentwood	Jill Collier	£174	FREE

#### **Computing - Level 2 Office IT Skills**

This course is for anyone who has an interest in working in an office or using Word or Excel at home. You will learn Word Processing using Word and Spreadsheets using Excel. This course is not suitable for beginners. You will need to have completed L1 Office IT Skills or ECDL Essentials, or have similar skills. You will gain Level 2 Unit Certificates in Word and Excel on successful completion of the assignments and tasks set in class (awarding body: OCNLR Awards).

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
P00926	Mon	9:30 - 12:00 PM	06/01/2020 - 22/06/2020	20	Poverest	Jill Collier	£232	FREE
K00925	Wed	9:30 - 4:00 PM	08/01/2020 - 11/03/2020	9	Kentwood	Jill Collier	£246	FREE
K01041	Thu	9:30 - 1:30 PM	27/02/2020 - 25/06/2020	14	Kentwood	Karen Beaumont	£253	FREE

# Cookery

Please note that for all cookery courses you will be required to provide all your own ingredients each week and please also bring containers to take your creations home in.

#### **Cookery - Around The World**

Take a culinary journey around the world, cooking food from a different country each week. You will have the opportunity to produce two recipes each week to take home. New recipes covered in each course. You will be required to provide all your own ingredients each week and please also bring containers to take your creations home in.

Course	Day	Times	Dates	No of Centre Tutor		Tutor	Fees		
Code				Weeks			Full	Concessions	
K00954	Thu	10:00 - 12:00 PM	09/01/2020 - 13/02/2020	6	Kentwood	Elaine Cooper	£67	£54	
K00958	Thu	10:00 - 12:00 PM	27/02/2020 - 02/04/2020	6	Kentwood	Elaine Cooper	£67	£54	

#### **Cookery - Food For The Weekend**

Straightforward tasty food for the weekend. The recipes covered are suitable whether you are entertaining or just having a quiet weekend. An ingredients/small equipment list will be sent before to the start of the course. You will have the opportunity to cook two recipes each week (apart from week 1) which you can take home to either cook or reheat. New recipes covered in each course. You will be required to provide all your own ingredients each week and please also bring containers to take your creations home in.

Course	Day	Times	Dates	No of	Centre	Centre Tutor		Fees		
Code				Weeks			Full	Concessions		
K00953	Fri	10:00 - 12:00 PM	10/01/2020 - 14/02/2020	6	Kentwood	Elaine Cooper	£67	£54		
K00955	Fri	10:00 - 12:00 PM	28/02/2020 - 03/04/2020	6	Kentwood	Elaine Cooper	£67	£54		

#### **Cookery - Vegetarian And Vegan**

Learn to cook a variety of dishes that are either vegetarian or vegan. You will have the opportunity to make 2 dishes each week. Healthy, nutritious and great for the whole family. You will need to purchase ingredients weekly, an ingredients/small equipment list will be sent before to the start of the course. You will be required to provide all your own ingredients each week and please also bring containers to take your creations home in.

Course	Day	Times	Dates	No of	Centre	Tutor	I	Fees
Code				Weeks			Full	Concessions
K00979	Tue	7:00 - 9:00 PM	25/02/2020 - 31/03/2020	6	Kentwood	Jill Thomas	£67	£54

#### **Cookery - Winter Warmers**

Come and learn to cook a variety of recipes to warm you on winter days. Hearty casseroles, pies and bakes to enjoy with your family. Two recipes to create each week, a main and a dessert. You will need to purchase ingredients weekly, an ingredients/small equipment list will be sent before to the start of the course. You will be required to provide all your own ingredients each week and please also bring containers to take your creations home in.

Course	Day	Times	Dates	No of	Centre	Tutor		Fees
Code				Weeks			Full	Concessions
K00957	Tue	7:00 - 9:00 PM	07/01/2020 - 11/02/2020	6	Kentwood	Jill Thomas	£67	£54

# Counselling

#### **Counselling - Level 2 Introduction**

This accredited course is a stepping stone if you are considering further counselling training. All candidates will be expected to sign a declaration to state their suitability to join a course and attend an interview. Contact the College prior to enrolment for further details on 020 8659 7976.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
P00136	Mon	7:00 - 9:30 PM	20/01/2020 - 18/05/2020	14	Poverest	Sarah Lawlor	£215	FREE
K00137	Thu	10:00 - 12:30 PM	23/01/2020 - 21/05/2020	14	Kentwood	Sarah Lawlor	£215	FREE

### Dance

Please note for our dance classes you will need a reasonable level of fitness. If you have any concerns about your health or have not exercised for some time, please consult your doctor before enrolling on this course. You will also need comfortable clothing and wear suitable shoes. A Partner is preferable, but not essential.

#### **Dance Beginners Ballroom and Latin**

For complete beginners or those who are very 'rusty' and want to relearn. Dance an amalgamation of steps in Social Foxtrot, Quickstep, Waltz, Tango, Cha Cha Cha, Rumba, Jive and Samba, develop floor craft and etiquette, social skills on the dance floor. You will need comfortable clothing and suitable shoes. Partner preferable but not essential.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
P00966	Wed	7:30 - 9:30 PM	08/01/2020 - 01/04/2020	12	Poverest	Angela Thurgood	£133	£106

#### **Dance Pre-Advanced Ballroom and Latin**

An extension of the intermediate course. You will revise figures and dances learned on the Intermediate course and learn new variations, paying more attention to technique and floorcraft. Dance an amalgamation of steps in Social Foxtrot, Quickstep, Waltz, Tango, Cha Cha Cha, Rumba, Jive and Samba, develop floor craft and etiquette, social skills on the dance floor. You will need comfortable clothing and suitable shoes. Partner preferable but not essential.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
P00217	Mon	7:30 - 9:30 PM	06/01/2020 - 30/03/2020	12	Poverest	Angela Thurgood	£133	£106

# **Drawing and Painting**

Please note that for all drawing courses the cost of drawing and painting tools, paints and paper are not included in the cost of the course. The tutor will advise what you need at the first session.

#### **Drawing and Painting**

Explore a variety of subject matter through the use of various techniques and media (pencil, oils, watercolour, charcoal, acrylics, etc) whilst developing your observational skills. Each course may place an emphasis on a particular medium. The cost of materials is not included in the cost of the course.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00220	Mon	10:00 - 12:30 PM	06/01/2020 - 30/03/2020	12	Kentwood	Gail Murray	£166	£133
P00234	Fri	10:00 - 12:30 PM	10/01/2020 - 05/06/2020	16	Poverest	Amanda Webster	£222	£177
K00255	Wed	7:30 - 9:30 PM	05/02/2020 - 24/06/2020	16	Kentwood	Patricia Barrow	£177	£142
K00263	Thu	10:00 - 12:30 PM	06/02/2020 - 25/06/2020	16	Kentwood	Peter Blundell	£222	£177

#### **Drawing and Painting Mixed Media**

Develop specific aspects of painting and drawing through projects using water-based and other media. Improve your understanding of mixed media through a process of demonstration and practical lessons. The cost of materials is not included in the cost of the course.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00269	Fri	10:00 - 12:00 PM	07/02/2020 - 03/07/2020	16	Kentwood	Patricia Barrow	£177	£142

#### **Drawing and Painting Portrait**

Explore a variety of painting and drawing media and different techniques to improve portrait drawing and painting skills. Work with a wide range of subjects, develop accurate observational skills and learn how to compose and understand the use of colour and tone to depict expression and character, form and space. The cost of materials is not included in the cost of the course.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
P00228	Wed	10:00 - 12:30 PM	08/01/2020 - 01/04/2020	12	Poverest	Amanda Webster	£193	£155

# **Etching/Printmaking**

*Please note there the course fee does not include the cost of materials used. There are additional costs of £25 to £40 over the length of the course, dependent on the individual project chosen.* 

#### **Etching (Morning)**

A general etching course covering a range of techniques and creative ideas, making studies through to the finished print. Beginners and the more experienced welcome. Course fee does not include materials required for projects.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00247	Tue	10:00 - 12:30 PM	04/02/2020 - 23/06/2020	16	Kentwood	Kirsten Baskett	£222	£177

#### **Etching (Afternoon)**

A general etching course covering a range of techniques and creative ideas, making studies through to the finished print. Beginners and the more experienced welcome. Course fee does not include materials required for projects.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00248	Tue	1:00 - 3:30 PM	04/02/2020 - 23/06/2020	16	Kentwood	Kirsten Baskett	£222	£177

#### **Etching (Evening)**

A general etching course covering a range of techniques and creative ideas, making studies through to the finished print. Beginners and the more experienced welcome. Course fee does not include materials required for projects.

Course	Day	Times	Dates	No of	Centre	Tutor		ees
Code				Weeks			Full	Concessions
K00244	Tue	7:00 - 9:00 PM	04/02/2020 - 23/06/2020	16	Kentwood	Tony Anderson	£177	£142

## **Floristry and Flower Arranging**

*Please note that for all floristry courses flowers/materials need to be purchased weekly at an approximate cost of £10-£20.* 

#### **Floristry - Beginners**

Perfect for beginners - this course will help you learn all the basic skills. You will make a basket, hand-tied bouquet, round posy, a front facing arrangement and a long and low design. Course fee does not include flowers or other materials required for projects.

Course	Day	Times	Dates	No of	Centre	Tutor	í	ees
Code				Weeks			Full	Concessions
K00233	Thu	10:30 - 12:30 PM	09/01/2020 - 06/02/2020	5	Kentwood	Victoria Hawkes	£52	£42

#### **Floristry - Beginners/Improvers**

Ideal course for those with some basic knowledge of floristry, attended a beginner's course or just have passion for flowers. Learn how to create beautiful floral designs and arrangements, parallel designs, grouped and textured designs. Course fee does not include flowers or other materials required for projects.

Course	Day	Times	Dates	No of	Centre	Tutor	I	Fees
Code				Weeks			Full	Concessions
K00278	Thu	10:30 - 12:30 PM	04/06/2020 - 25/06/2020	4	Kentwood	Victoria Hawkes	£42	£33

#### **Floristry - Easter Flowers**

Learn how to create beautiful Easter style floral arrangements that reflect the look and colour of the season. Course fee does not include flowers or other materials required for projects.

Course	Day	Times	Dates	No of	Centre	Tutor	Fees	
Code				Weeks			Full	Concessions
K01016	Wed	10:30 - 2:00 PM	08/04/2020 - 08/04/2020	1	Kentwood	Victoria Hawkes	£52	£42

#### Floristry - Spring Floral Design

Create and design fresh floral designs using bright seasonal spring flowers. You will learn how to design and create a spring hand tied, wicker door wreath, an assymetrical design, spring basket and a trio of jam jars.Course fee does not include flowers or other materials required for projects.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00270	Thu	10:30 - 12:30 PM	27/02/2020 - 02/04/2020	6	Kentwood	Victoria Hawkes	£63	£50

#### **Floristry- Wedding Designs for Beginners**

This course will help you learn all skills required to design wedding flowers or just for fun. We will cover all areas of design including wired buttonholes, wedding bouquets and table display. Course fee does not include flowers or other materials required for projects.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00276	Thu	10:30 - 12:30 PM	30/04/2020 - 21/05/2020	4	Kentwood	Victoria Hawkes	£42	£33

# French

Not sure which level class you need? Please see more information on these courses on page 6.

#### **French - Beginners Part 2**

Join this course after completing Beginners course Part 1 or if you got limited knowledge of language. By the end of the course, you will be able to take part in basic exchanges, using a limited range of words and expressions and basic correct grammatical structures, such as using greetings and exchanging basic information about yourself, recognise numbers and perform basic calculations including using money, tell the time and the date, order food and drinks and shop for basic items, follow directions, and participate in very short dialogues about everyday subjects (the weather, food and drinks, travel and directions and hobbies).

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	F Full	ees Concessions
P00243	Mon	7:30 - 9:30 PM	03/02/2020 - 22/06/2020	16	Poverest	Patricia Biggs	£167	£133

#### **French - Improvers Part 2**

This course follows Improvers Part 1 and builds a solid language foundation by consolidating and extending basic structures in everyday and tourist situations to a more competent level of communication. By the end of the course, you will have sufficient vocabulary to deal with most practical situations and will be able to distinguish past, present and future events, using standard, predictable everyday language clearly and mainly accurately. You will be able to express yourself using correct grammar most of the time, when talking about routine current events, what you did, what you are going to or will do. The course will develop the skills of speaking, listening, reading and writing.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00246	Tue	7:30 - 9:30 PM	04/02/2020 - 23/06/2020	16	Kentwood	Izabela Lecybyl	£167	£133

#### **French - Lower Intermediate Part 2**

This course follows Lower Intermediates Part 1 and is suitable for those who can talk about their interests and past, present and future events and can take part in exchanges related to common social and everyday interactions. By the end of the course, you will have sufficient vocabulary to deal with most practical situations and will be able to distinguish past, present and future events with more accuracy, using standard, predictable everyday language clearly and mainly accurately. You will be able to express yourself using correct grammar most of the time, when talking about routine current events, what you did or have done, for how long, what you are going to or will do.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00245	Tue	10:00 - 12:00 PM	04/02/2020 - 23/06/2020	16	Kentwood	Izabela Lecybyl	£167	£133

#### **French - Higher Intermediate Part 2**

This non-accredited higher intermediate course will enable you to participate in everyday conversations using clear language, support discussion with descriptions or appropriate examples and understand the essential points in other people's conversations. Topics covered will enable you to participate in a wide variety of activities based on authentic materials. By the end of the course, you will have increased your vocabulary and be able to exchange ideas and opinions about a variety of everyday subjects, follow the main points in an exchange and develop a clear coherent argument, linking ideas logically and able to deal with unscripted questions and emergencies.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00251	Wed	7:30 - 9:30 PM	05/02/2020 - 24/06/2020	16	Kentwood	Amy Morez	£167	£133
P00267	Fri	9:30 - 11:30 AM	07/02/2020 - 03/07/2020	16	Poverest	Izabela Lecybyl	£167	£133

## Guitar

#### Guitar - Follow On

Come and discover more things you can play on your guitar. Play a song, a melody and a nice rhythm and hear them together with another guitar. Ideally you will be familiar with chord diagrams and tablature, but don't worry if you are not - they are easy to pick up. You will need to bring a guitar, notebook and pen to each session. Not suitable for absolute beginners.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	F Full	ees Concessions
K00227	Tue	7:30 - 9:30 PM	07/01/2020 - 31/03/2020	12	Kentwood	Peter Clifford	£125	£100

# **Interior Design**

#### **Interior Design - Achieve Expert Results**

For anyone who wants to develop their design skills, whether a complete beginner or an improver, this course will show you how to achieve professional results. You will learn how to make the most of your space and develop a scheme from concept to completion. Discover the latest design trends in materials & finishes, soft furnishings & lighting.

Identify key stylistic influences from a selected period and learn how to mix colour, texture & pattern effectively to create a unified and harmonious scheme. This course will include 2 outside visits to be confirmed by the tutor at the first lesson.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00983	Wed	10:00 - 1:30 PM	08/01/2020 -	12	Kentwood	Rosemary Love	£233	£186
			01/04/2020					

#### **Interior Design - Soft Furnishings**

Build on design skills and be able to develop a scheme to include a range soft furnishings & accessories. Learn about different window treatments and textiles, and know how to calculate fabric for curtains & blinds. Create a balanced and layered scheme and produce a professional sample board.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K01038	Wed	10:00 - 1:30 PM	29/04/2020 - 24/06/2020	8	Kentwood	Rosemary Love	£155	£124

# Italian

Not sure which level class you need? Please see more information on these courses on page 6.

#### **Basic Italian - 1 week intensive**

Going to Italy on holiday? Would you like to gain, or refresh your knowledge and practise essential language before your trip? On this course you will be able to learn or revise simple structures and topics to improve your confidence in using Italian and add to your knowledge.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00981	Mon	9:30 - 12:30 PM	20/04/2020 - 24/04/2020	1	Kentwood	Guido Marrocu	£78	£62

#### **Italian - Beginners Part 2**

Join this course after completing Beginners course Part 1 or if you got limited knowledge of language. By the end of the course, you will be able to take part in basic exchanges, using a limited range of words and expressions and basic correct grammatical structures, such as using greetings and exchanging basic information about yourself, recognise numbers and perform basic calculations including using money, tell the time and the date, order food and drinks and shop for basic items, follow directions, and participate in very short dialogues about everyday subjects (the weather, food and drinks, travel and directions and hobbies).

Course	Day	Times	Dates	No of	Centre	Tutor	Fees		
Code				Weeks			Full	Concessions	
P00241	Mon	9:30 - 11:30 AM	03/02/2020 - 22/06/2020	16	Poverest	Patrizia Saturnino	£167	£133	
K00268	Thu	7:00 - 9:00 PM	06/02/2020 - 25/06/2020	16	Kentwood	Nicolina Sambo-Bozza	£167	£133	

#### **Italian - Improvers Part 2**

This course follows Improvers Part 1 and builds a solid language foundation by consolidating and extending basic structures in everyday and tourist situations to a more competent level of communication. By the end of the course, you will have sufficient vocabulary to deal with most practical situations and will be able to distinguish past, present and future events, using standard, predictable everyday language clearly and mainly accurately. You will be able to express yourself using correct grammar most of the time, when talking about routine current events, what you did, what you are going to or will do. The course will develop the skills of speaking, listening, reading and writing.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00262	Wed	12:30 - 2:30 PM	05/02/2020 - 24/06/2020	16	Kentwood	Nicolina Sambo-Bozza	£167	£133

#### **Italian - Lower Intermediate Part 2**

This course follows Lower Intermediates Part 1 and is suitable for those who can talk about their interests and past, present and future events and can take part in exchanges related to common social and everyday interactions. By the end of the course, you will have sufficient vocabulary to deal with most practical situations and will be able to distinguish past, present and future events with more accuracy, using standard, predictable everyday language clearly and mainly accurately. You will be able to express yourself using correct grammar most of the time, when talking about routine current events, what you did or have done, for how long, what you are going to or will do.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00240	Mon	7:30 - 9:30 PM	03/02/2020 - 22/06/2020	16	Kentwood	Giovina Guerra	£167	£133

#### **Italian - Higher Intermediate Part 2**

This non-accredited higher intermediate course will enable you to participate in everyday conversations using clear language, support discussion with descriptions or appropriate examples and understand the essential points in other people's conversations. Topics covered will enable you to participate in a wide variety of activities based on authentic materials. By the end of the course, you will have increased your vocabulary and be able to exchange ideas and opinions about a variety of everyday subjects, follow the main points in an exchange and develop a clear coherent argument, linking ideas logically and able to deal with unscripted questions and emergencies.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00261	Wed	10:00 - 12:00 PM	05/02/2020 - 24/06/2020	16	Kentwood	Nicolina Sambo-Bozza	£167	£133

#### Italian - Advanced

A non-accredited course for those with an advanced knowledge of Italian (GCE AS Level minimum) who can communicate using longer sentences which link ideas and develop clear, detailed arguments; and have working knowledge of tenses including subjunctive. By the end of the course, you will have consolidated your skills and be able to communicate in a variety of tenses, through the use of a wide variety of authentic materials. You will be able to participate in sustained exchanges on a range of complex or topical issues and give detailed information and/or explanations about past, present and future events.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00250	Tue	10:00 - 11:30 AM	04/02/2020 - 23/06/2020	16	Kentwood	Nicolina Sambo-Bozza	£231	None
P00216	Wed	9:30 - 11:00 AM	05/02/2020 - 24/06/2020	16	Poverest	Giovina Guerra	£231	None

# London

Discover London by joining one of our London Walks. These are guided walks around London. You will need suitable clothing and footwear, including rainproof clothing and/or sun protection as appropriate. There may be entrance fees to places of interest. Each walk lasts 2 hours, departing from an agreed meeting point and following a planned route that features the salient points of the session's theme. While the walks are not usually physically challenging, each route may include urban and/or rural roads and will take place in all weathers (except in extreme conditions, when it may be necessary to make alternative arrangements).

#### London Walks - Deja Vu London

Deja Vu London - The thing about London is that just when you think you know it there's something new around the corner. This term we're going to revisit London streets and buildings - it'll be Deja Vu all over again ...

First session: Meet at Kindertransport Statue, Liverpool Street station (street level) near McDonalds.

Course	Day	Times	Dates	No of	Centre	Tutor		Fees
Code				Weeks			Full	Concessions
L00985	Tue	11:00 - 1:00 PM	25/02/2020 - 02/06/2020	10	Meet Out	Jill Finch	£111	£89

#### London Walks - Oranges And Lemons

Oranges & Lemons – You won't need a candle and you needn't fear for you head. This is a six week course visiting some of the churches featured in the nursery rhyme and exploring the surrounding streets.

First session: Meet at The Knights Templar pub on the corner of Chancery Lane and Carey Street.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Full	Fees Concessions
L00986	Wed	11:00 - 1:00 PM	26/02/2020 - 01/04/2020	6	Meet Out	Jill Finch	£66	£53

# **Meditation**

#### **Meditation – Mindfulness Meditation**

A short course which teaches the art of Mindfulness Meditation, living in the "now" and how to deal with negative thinking from the very moment it arises. Please note you will be lying down for part of each session (mats provided).

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00235	Mon	7:00 - 9:00 PM	13/01/2020 - 10/02/2020	5	Kentwood	Theresa Borg	£55	£44
K00273	Mon	7:00 - 9:00 PM	27/04/2020 - 11/05/2020	3	Kentwood	Theresa Borg	£33	£27

#### **Meditation - Going Deeper**

This course aims to develop basic techniques of meditative practise whilst gradually building up to longer and deeper sittings. You will explore the concept of individual Chakra energy centres and consider how these may affect our everyday lives. This class requires a willingness to be open minded and self aware as every day beliefs may be challenged.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00237	Thu	9:45 - 11:45 AM	16/01/2020 - 19/03/2020	9	Kentwood	Theresa Borg	£100	£80

#### **Meditation-Mindfulness & Peaceful Living**

This fun and informal class offers the opportunity to learn and develop ever deepening states of physical relaxation and Mindfulness practices. You will also learn as some basic psychology to improve your sense of peace and happiness. Please note you will be lying down for part of each session (mats provided).

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Full	ees Concessions
K00275	Thu	9:45 - 11:45 AM	30/04/2020 - 25/06/2020	8	Kentwood	Theresa Borg	£89	£71

# **Patchwork and Quilting**

Please note you will need to bring basic sewing equipment (scissors, needles, threads) and any patchwork equipment you already have to the first lesson.

#### **Patchwork - Beginner's Patchwork**

This course is aimed at those new to patchwork, or with little experience. Learn the basics of patchwork, then join your samples together to make a bag, a cushion or a throw. Bring basic sewing equipment (scissors, needles, threads) and any patchwork equipment you already have to the first lesson. There is a requirements list for this course.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
P00982	Wed	1:00 - 3:00 PM	08/01/2020 - 01/04/2020	12	Poverest	Nicola Corrigan	£133	£106

# Photography

Please note you will need your own digital SLR camera for these courses. Please also bring charging leads/cables to the class and ensure that you have a memory card in your camera.

#### **Photography - SLR Part 1**

Learn how to get the most out of your SLR camera and how to take control of all the functions, menus and buttons. The course will cover basic camera settings to more advanced camera techniques. You will learn how to use your camera in manual and understand how to select appropriate apertures and shutter speeds. The course will cover composition and the different genres of photography such as portraits, landscapes and still life. Learners must have their own digital SLR camera.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00980	Tue	7:30 - 9:30 PM	21/01/2020 - 31/03/2020	10	Kentwood	Jill Collier	£111	£89

#### **Photography - SLR Follow On**

A follow-on from SLR Part 1. Explore different photographic styles and techniques in order to express creativity. Learners will build and stretch on existing technical and creative skills in order to explore different ways of capturing subjects. Learners must have their own digital SLR camera.

Course	Day	Times	Dates	No of	Centre	Tutor	Fees	
Code				Weeks			Full	Concessions
K00952	Fri	9:30 - 11:30 AM	01/05/2020 - 26/06/2020	7	Kentwood	Pupak Navabpour	£78	£61

## **Pilates**

*Please note this is a physically active course, if you have any concerns regarding your health, please consult your doctor before enrolling.* 

#### **Pilates**

Understand the principles of Pilates. Concentration, alignment, breathing, centring, relaxation, coordination, flowing movements and stamina. Improve core stability to achieve exercises with greater body awareness.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
P00218	Mon	9:30 - 10:30 AM	06/01/2020 - 30/03/2020	12	Poverest	Carole Smith	£66	£53
P00219	Mon	10:50 - 11:50 AM	06/01/2020 - 30/03/2020	12	Poverest	Carole Smith	£66	£53

# Sign Language and Lip Reading

Please note the Lip Reading classes are for people who have acquired hearing loss and use English as a main means of communication (i.e. not people born deaf and not BSL users). It is not aimed at people with full hearing but at people who are struggling to communicate with a hearing loss they have acquired during their life.

#### Lip Reading - Beginners Part 2

This course follows 'Lip Reading Part 1' and is not suitable for complete beginners. The course aims to develop your basic lip reading techniques learnt in Beginners Part 1.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Full	Fees Concessions
P00242	Mon	2:00 - 4:00 PM	03/02/2020 - 15/06/2020	15	Poverest	Lisa Cox	£156	£125

#### Lip Reading - Improvers Part 2

For those who have mastered basic lip reading techniques and wish to progress further. Improve your ability to lip read so that you can take part in everyday conversations. For those who have mastered basic lip reading techniques and wish to progress further. Improve your ability to lip read so that you can take part in everyday conversations.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Full	Fees Concessions
P00249	Tue	9:30 - 11:30 AM	04/02/2020 - 23/06/2020	16	Poverest	Lisa Cox	£167	7 £133

#### Sign Language - Introduction

If you have no previous experience of British Sign Language but are thinking about studying towards a BSL Level 1 qualification, this taster course will enable you to find out more about the classroom and the out-of-class requirements.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00221	Mon	7:30 - 9:00 PM	06/01/2020 - 10/02/2020	6	Kentwood	John Archbold	£47	£38
K00271	Mon	7:30 - 9:00 PM	27/04/2020 - 08/06/2020	6	Kentwood	John Archbold	£47	£38

# **Spanish**

Not sure which level class you need? Please see more information on these courses on page 6.

#### Basic Spanish- a week-long intensive course

Going to Spain on holiday? Would you like to gain, or refresh your knowledge and practise essential language before your trip? On this course you will be able to learn or revise simple structures and topics to improve your confidence in using Spanish and add to your knowledge.

Course	Day	Times	Dates	No of	Centre	Tutor		Fees
Code				Weeks			Full	Concessions
K00960	Mon	9:30 - 12:30 PM	20/04/2020 - 24/04/2020	1	Poverest	Bibi Holmes	£78	£62

#### **Spanish - Beginners Part 2**

Join this course after completing Beginners course Part 1 or if you got limited knowledge of language. By the end of the course, you will be able to take part in basic exchanges, using a limited range of words and expressions and basic correct grammatical structures, such as using greetings and exchanging basic information about yourself, recognise numbers and perform basic calculations including using money, tell the time and the date, order food and drinks and shop for basic items, follow directions, and participate in very short dialogues about everyday subjects (the weather, food and drinks, travel and directions and hobbies).

Course	Day	Times	Dates	No of Centre Tutor		Fees		
Code				Weeks			Full	Concessions
КОО239	Mon	7:30 - 9:30 PM	03/02/2020 - 22/06/2020	16	Kentwood	Bibi Holmes	£167	£133
P00260	Thu	11:45 - 1:45 PM	06/02/2020 - 25/06/2020	16	Poverest	Catalina Fernandez Garcia	£167	£133

#### **Spanish - Post Beginners Part 2**

This course follows Post-Beginners Part 1 and will consolidate your skills so that you feel confident when taking part in basic conversations and exchanges. You will begin to express yourself so that you distinguish between past, present and future events and talk about your interests. This course is not suitable for beginners. Tutor will advise about the textbook and you will be asked to buy the textbook by the end of 4 weeks.

Course	Day	Times	Dates	No of	Centre	Tutor	Fees	
Code				Weeks			Full	Concessions
P00254	Wed	7:30 - 9:30 PM	5/02/2020 - 24/06/2020	16	Poverest	Catalina Fernandez Garcia	£167	£133

#### **Spanish - Improvers Part 2**

This course follows Improvers Part 1 and builds a solid language foundation by consolidating and extending basic structures in everyday and tourist situations to a more competent level of communication. By the end of the course, you will have sufficient vocabulary to deal with most practical situations and will be able to distinguish past, present and future events, using standard, predictable everyday language clearly and mainly accurately. You will be able to express yourself using correct grammar most of the time, when talking about routine current events, what you did, what you are going to or will do. The course will develop the skills of speaking, listening, reading and writing. This course is not suitable for beginners. Tutor will advise about the textbook and you will be asked to buy the textbook by the end of 4 weeks.

Course	Day Times Dates No of Centre Tutor		Fees					
Code				Weeks			Full	Concessions
K00253	Wed	12:15 - 2:15 PM	05/02/2020 - 24/06/2020	16	Kentwood	Bibi Holmes	£167	£133
P00259	Thu	9:30 - 11:30 AM	06/02/2020 - 25/06/2020	16	Poverest	Catalina Fernandez Garcia	£167	£133

#### **Spanish - Lower Intermediate Part 2**

This course follows Lower Intermediates Part 1 and is suitable for those who can talk about their interests and past, present and future events and can take part in exchanges related to common social and everyday interactions. By the end of the course, you will have sufficient vocabulary to deal with most practical situations and will be able to distinguish past, present and future events with more accuracy, using standard, predictable everyday language clearly and mainly accurately. You will be able to express yourself using correct grammar most of the time, when talking about routine current events, what you did or have done, for how long, what you are going to or will do. Tutor will advise about the textbook and you will be asked to buy the textbook by the end of 4 weeks.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00252	Wed	9:45 - 11:45 AM	05/02/2020 - 24/06/2020	16	Kentwood	Bibi Holmes	£167	£133
P00265	Fri	9:30 - 11:30 AM	07/02/2020 - 03/07/2020	16	Poverest	Catalina Fernandez Garcia	£167	£133

#### **Spanish Higher Intermediates Part 2**

This non-accredited higher intermediate course will enable you to participate in everyday conversations using clear simple language, support discussion with descriptions or appropriate examples and understand the essential points in other people's conversations. Topics covered will enable you to participate in a wide variety of activities based on authentic materials. By the end of the course, you will have increased your vocabulary and be able to exchange ideas and opinions about a variety of everyday subjects, follow the main points in an exchange and develop a clear coherent argument, linking ideas logically and able to deal with unscripted questions and emergencies.

Course	Day	Times	Dates	No of	Centre	Tutor		Fees
Code				Weeks			Full	Concessions
K00881	Wed	7:30 - 9:30 PM	05/02/2020 - 24/06/2020	16	Kentwood	Bibi Holmes	£16	7 £133

#### **Spanish - Conversational**

Do you want to improve your spoken Spanish? Understand and converse? Join our Conversational Spanish and learn with a native tutor. This course is not suitable for beginners or those with limited skills in Spanish. This course is not suitable for beginners or those with limited skills in Spanish. This course is suitable for beginners or those with limited skills in Spanish. This course is suitable for learners with intermediate skills in Spanish.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
P00266	Fri	11:45 - 12:45 PM	07/02/2020 - 03/07/2020	16	Poverest	Catalina Fernandez Garcia	£154	None

# **Stained Glass**

Please note the cost of materials is not included in the cost of the Stained Glass courses. Materials are available from the tutor at cost, dependent on the project chosen. Please bring a fine permanent marker, pencil, ruler and a pair of scissors to each class.

#### **Stained Glass - Beginners & Intermediate**

Come and learn the traditional art of stained glass to create your own unique items. You will learn to cut glass cleanly and accurately; apply copperfoil; how to solder; how to design flat composition; different finishing ideas; techniques for cutting a circle; introduce lead techniques specifically for windows; understand the health and safety requirements for each different stage of this craft. The cost of materials is not included in the cost of the course.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00256	Wed	10:00 - 12:30 PM	05/02/2020 - 24/06/2020	16	Kentwood	Nicky Calvert	£222	£177
K00257	Wed	1:00 - 3:00 PM	05/02/2020 - 24/06/2020	16	Kentwood	Nicky Calvert	£177	£142
K00258	Wed	7:00 - 9:00 PM	05/02/2020 - 24/06/2020	16	Kentwood	Nicky Calvert	£177	£142

# Upholstery

These courses started in September 2019 and may be full. Please enquire on one of the phone numbers at the bottom of the page to see if there are any spaces and whether you can join the course. Courses will start again in September 2020.

# Wellbeing

#### Wellbeing - Be your own Coach

A fun, informal course that will teach you a range of easy to understand strategies to identify the source of issues or problems in your life. You will learn various CBT, NLP and other exercises to help you to overcome these problems for yourself. In this way you can indeed become your own coach!

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	F Full	ees Concessions
K00277	Fri	9:45 - 11:45 AM	01/05/2020 - 03/07/2020	8	Kentwood	Theresa Borg	£83	£67

#### **Wellbeing - Emotional Resilence**

Learn how to improve your self-esteem and grow stronger and more assertive in your life. There will be a variety of subjects covered including assertiveness, practical empowerment techniques, tools and strategies for confidence and each session will include a visualisation for coping, letting go and emotional healing.

Course Code	Day	Times	Dates	No of Weeks	Centre	Tutor	Full	ees Concessions
K00238	Fri	9:45 - 11:45 AM	17/01/2020 - 20/03/2020	9	Kentwood	Theresa Borg	£94	£75

#### **Wellbeing - Personal Development**

This course will allow you to learn a variety of confidence strategies and goal setting techniques to facilitate new ways of thinking and moving forward in life. You will complete a range of exercises to work on your own specific issues/goals, who you really are and your place in the world.

Course	Day	Times	Dates	No of	Centre	Tutor		ees
Code				Weeks			Full	Concessions
K00274	Wed	9:45 - 11:45 AM	29/04/2020 - 24/06/2020	8	Kentwood	Theresa Borg	£83	£67

# Yoga

Please note these are physically active classes. If you have any concerns about your health or have not exercised for some time, please consult your doctor before enrolling on this course. Courses are suitable for all levels.

#### Yoga - Hatha Yoga

Through Hatha Yoga you will work gently focusing on physical and mental strength building postures, working through the breath and with emphasis on relaxation. Holistic yogic path which includes postures (asana), purification procedures (shatkriya), gestures (mudra), breathing (pranayama) and meditation. A recognized stress-reducing practice.

Course	Day	Times	Dates	No of	Centre	Tutor	I	ees
Code				Weeks			Full	Concessions
K00226	Tue	7:30 - 9:00 PM	07/01/2020 - 31/03/2020	12	Kentwood	TBA	£100	£80

#### Yoga for all

Improve your stamina, strength and flexibility. Learn relaxation techniques and reduce stress levels.

Course	Day	Times	Dates	No of	Centre	Tutor	F	ees
Code				Weeks			Full	Concessions
K00232	Thu	7:30 - 9:00 PM	09/01/2020 - 02/04/2020	12	Kentwood	Giovina Guerra	£100	£80

# 2019/2020 Course Fees

#### Funding and Proof of Eligibility

The majority of our courses benefit from funding from the Greater London Authority (GLA), Education and Skills Funding Agency (ESFA), or the European Social Fund (ESF). The GLA/ ESFA/ESF require the College to provide evidence of student identity and eligibility.

For a student to be eligible for GLA/ESFA funding, they must have a legal right to be resident in the United Kingdom/EU/EEA for a period of time prior to the start of the course. If you are not sure if you are eligible, or for further guidance on eligibility please call the Kentwood Centre on 020 8659 7976.

The College will require you to provide your passport, birth certificate or home office papers to prove your eligibility. You will also be required to complete and sign an individual learner record to confirm eligibility. Anyone who, if required, fails to provide proof of their eligibility will be charged course fees at the rate of £9.63 per hour plus any other costs. Anyone who is not eligible for such funding will also be required to pay tuition fees at the rate of £9.63 per hour plus any other costs.

#### Aged 19 or over

If you are in receipt of state benefits other than state pension and child benefit, you may be eligible for a reduction in fees for any course that is supported by GLA/ESFA funding. For non-accredited courses this will be a maximum of 20%. For approved qualification courses, the course may be free provided you can confirm that you are unemployed and actively seeking work. Also, if you are working but are on a low income, you may be eligible for a free course. Please ask for details.

If you are in receipt of benefits, you may be asked to bring current evidence of this, together with your passport, birth certificate or home office papers, to the College each time you enrol. You will be asked to self-declare and sign a form to say you are in receipt of these benefits.

Please note, some courses do not attract any Government funding from the GLA/ ESFA, and/or concessions are not available. See individual course information pages for details.

In addition, for students not in receipt of benefit and not working who have difficulty in meeting the cost, we may be able to help you through the Learner Support Funds provided by the GLA/ESFA. However, this is a very limited amount of money. For more information telephone Helen Hart on 020 8659 7976 or email <u>enquiries@baec.ac.uk</u>

#### **Paying by instalments**

If your course is more than 16 weeks long, you may pay for your course in three instalments. Please ask for information at the time of enrolment.

#### **Please note**

Bromley Adult Education College cannot enrol you on another course while there is a balance of fees outstanding for any previous enrolment.

There may be further costs incurred after joining the course e.g. course materials, tools and equipment. Please read the course information page before enrolling.

#### Aged 16-18 years

Our courses are for learners aged 19 and over only. Please see LSEC for information on courses for 16-18 year olds.

#### **Exam and Accreditation Fees**

Examination, accreditation and administration costs are generally included in the course fee, with the exception of ESOL where the exam fees are payable separately. Please check the details in each course description. All examination/accreditation and administration fees are non-refundable as they are passed on to external examining bodies.

# Bromley Adult Education College – Spring Programme 2020

New courses are planned all year, please check the **Course List** pages on <u>www.baec.ac.uk</u>

#### Where to Find Us

## **Kentwood Centre**

Kingsdale Road, Penge, SE20 7PR Tel: 020 8659 7976

Office open 9.00-16.00 (Mon to Thu) 9.00-15.00 (Fri) 18.30-20.30 (Mon to Thu evenings

term time only)

#### **Public Transport**

Kent House and Clockhouse

Tramlink: Beckenham Road

High Street, Penge: 194, 227 & 358; nearby - 75, 176, 197

#### **Poverest Centre**

Poverest Road, Orpington, BR5 2DQ Tel: 01689 822886 Fax: 01689 827641

**Office open term time only** 9.00-16.00 (Mon to Thu) 9.00-15.00 (Fri) 18.30-20.30 (Mon and Wed evenings)

#### **Public Transport**

Petts Wood and St. Mary Cray

Poverest Road: 273 Nearby – 61 and R3



