

# Courses for Adults with Learning Difficulties and Disabilities

Bromley Adult  
Education College

**2024-25**

*All courses run from Sept 2024-July 2025*

Dear Learners, Parents and Carers,

It gives me great pleasure to present you with a new course offer for the SEND provision for the academic year 2024-25. The wide range of courses offered will support many existing skills and will allow the development of the new ones. From English, maths, digital skills to music, drama, arts and crafts - we have planned 33 courses including 3 courses offering OCN qualifications at Entry level.

In this pack you will find:

- Brochure 2024-25
- Enrolment form which includes the page for you to register your interest for courses
- Photo consent form
- Consent form for sharing of password for BAEC account
- Learner code of conduct 2024-25
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Please complete the front and back pages of the enrolment form with all your details. Please register your interest in courses you would like to attend next year by ticking your preferences on the timetable in the middle pages and returning the completed form to Reception at the Poverest Centre or the Kentwood Centre

- All forms from the pack must be completed and returned in the envelope with your name on by **Friday 10th May 2024**. The reception will not accept ONLY the enrolment form.
- You must also include one copy of your residency ID with your form – this can be your passport, birth certificate, home office papers etc.
- Your preferences will be reviewed and offers of places on courses will be issued from **Wednesday 12th June 2024**. Your offer will include instructions on how to proceed with the final enrolments.
- Enrolments must then be completed by **Friday 28th June 2024**.
- Please note that there is no hoist facility available at any of our centres.

PLEASE NOTE:

- All enrolments are for the whole academic year from September 2024 through to July 2025.
- It is vital that we have all your information for enrolment. If you have any queries, please contact either of our Centres on: Tel: Poverest 01689 822886 Tel: Kentwood 020 8659 7976 email: [supportedlearning@baec.ac.uk](mailto:supportedlearning@baec.ac.uk)

Please note that due to Greater London Authority (GLA) Funding Flexibilities, you may be able to receive your course(s) for free this year. It is therefore very important that you complete the form in full.

Kind Regards,

*Izabela Lecybyl*

Izabela Lecybyl, Curriculum Development Manager

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**Starting on: Monday 02/09/2024**

### **Art & Crafts: Create and Inspire with Art**

This course will introduce learners to a wide variety of textile techniques - including fabric painting, printing, tie dye, waxed papers etc . There will also be exploration of shape , colour and pattern through drawing, collage and painting projects. Learners will work on their own personal textile projects - allowing time for self expression, imagination and practical skills to develop. During this course there will be visits to relevant places of interest - approximately 1 per term. Lunch break will be between 12:00-13:00.

**Course Number:** K04145

**Course dates:** 02/09/2024 until 07/07/2025

**Course day and times:** Monday 10:00 to 15:00

**Tutor:** Alison Coe

**Fee:** Free To SEND Learners

**Location:** Kentwood Centre

**Starting on: Monday 02/09/2024**

### **Green Skills: Seasonal Upcycling**

Discover sustainable practices by learning to reduce, reuse, and recycle, encouraging environmental protection. Less energy and fewer resources will help to protect our planet. Don't just throw things away - join this course and help to protect the environment.

**Course Number:** P04148

**Course dates:** 02/09/2024 until 07/07/2025

**Course day and times:** Monday 10:00 to 12:00

**Tutor:** Caroline Potter

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Monday 02/09/2024**

### English: Writing for Fun

Improve your writing while exploring enjoyable and fun topics. Choose what you like best, use the computer and the Internet, and create colourful pictures about your work. This course will also help you learn to type on the computer and improve your computer skills

**Course Number:** P04149

**Course dates:** 02/09/2024 until 07/07/2025

**Course day and times:** Monday 10:00 to 12:00

**Tutor:** Donna Fitzpatrick

**Fee:** Free To SEND Learners

**Location:** Poverest Centre

**Starting on: Monday 02/09/2024**

### Healthy Cooking Made Easy

Discover how to make healthy, easy meals and make your own recipe book. You'll learn about keeping food safe, staying safe in the kitchen, preparing food, and using different tools. You won't need to bring lunch because you'll eat what you make during the class. Don't forget to bring your own apron!

**Course Number:** P04150

**Course dates:** 02/09/2024 until 07/07/2025

**Course day and times:** Monday 10:00 to 15:00

**Tutor:** Julie Walker

**Fee:** Free To SEND Learners

**Location:** Poverest Centre

**Starting on: Monday 02/09/2024**

### **English: People and Places, Past and Present**

Come on an exciting journey with our special course, People and Places! Learn about historical events by delving into the past, improve your language, and understand what's happening around you today. Discover more about your community and the world. With fun activities, you'll learn about different cultures and feel proud of where you belong. By exploring the past, we can understand more about the world today. Lunch break will be between 12:00-13:00.

**Course Number:** P04151

**Course dates:** 02/09/2024 until 07/07/2025

**Course day and times:** Monday 10:00 to 15:00

**Tutor:** Sandra Shanahan

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Monday 02/09/2024**

### **Green Skills: Patchwork corner**

Welcome to the Patchwork Corner of our SEND course, where independence and confidence flourish. Join us on a journey of skill-building, as we guide you in safely handling shape tools and exploring new techniques. Use your imagination to design and create unique patchwork pieces that reflect your individuality. Build confidence, embrace creativity, and take pride in your one-of-a-kind creations. This is the world where every stitch tells a story! Lunch break will be between 12:00-13:00.

**Course Number:** P04152

**Course dates:** 02/09/2024 until 07/07/2025

**Course day and times:** Monday 10:00 to 15:00

**Tutor:** Sue Roake

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Monday 02/09/2024**

### **Mind and Body Fitness**

Discover ways to take care of your mind and body through group talks, self-awareness, and motivational chats while respecting each other. Practice daily exercise with Zumba, Chair Yoga, meditation, and relaxation techniques for a healthier lifestyle. Stay fit and healthy!

**Course Number:** P04153

**Course dates:** 02/09/2024 until 07/07/2025

**Course day and times:** Monday 13:00 to 15:00

**Tutor:** Caroline Potter

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Monday 02/09/2024**

### **English: Speaking with Confidence**

Join our friendly course to improve your talking and listening abilities while discussing various topics. You will gain confidence and learn to share your thoughts with helpful tips. Additionally, enhance your writing and computer skills by creating and presenting a presentation on a topic you enjoy.

**Course Number:** P04154

**Course dates:** 02/09/2024 until 07/07/2025

**Course day and times:** Monday 13:00 to 15:00

**Tutor:** Donna Fitzpatrick

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Tuesday 03/09/2024**

### **Digital Skills: Beginners Photography**

Have fun taking photographs on this course. Discover new places and techniques to enhance your photos. Learn about different cameras, create photo gifts, and take home your own album filled with memories. Cameras will be provided during lessons, and this course is perfect for beginners. Lunch break will be between 12:00-13:00.

**Course Number:** P04156

**Course dates:** 03/09/2024 until 01/07/2025

**Course day and times:** Tuesday 10:00 to 15:00

**Tutor:** Donna Fitzpatrick

**Fee:** Free To SEND Learners

**Location:** Poverest Centre

**Starting on: Tuesday 03/09/2024**

### **Green Skills: Get into Gardening (Entry Level 1 Award)**

Have a positive impact on your mood and enhance your wellbeing by learning new and improved gardening skills in a calm, practical environment. This course provides an opportunity to follow instructions, take responsibility and learn how to work with others as a team. You will maintain and develop our College garden areas and take home various garden crafts, plants and produce. Qualification course. Lunch break will be between 12:00-13:00.

**Course Number:** P04157

**Course dates:** 03/09/2024 until 01/07/2025

**Course day and times:** Tuesday 10:00 to 15:00

**Tutor:** Julie Walker

**Fee:** Free For Send Learners

**Location:** Poverest Centre



**Starting on: Tuesday 03/09/2024**

## **Dance and Drama**

Join our Dance and Drama course to discover and express your emotions, imagination, and individuality. Develop creativity and acting abilities in a supportive environment, boosting self-confidence and self-esteem. Participate in exciting public performances aimed at inspiring both performers and audiences. Comfortable clothes and soft shoes are all you need for this course. Lunch break will be between 12:00-13:00.

**Course Number:** P04158

**Course dates:** 03/09/2024 until 01/07/2025

**Course day and times:** Tuesday 10:00 to 15:00

**Tutor:** Caroline Potter

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Tuesday 03/09/2024**

## **Digital Skills: Digital and Mixed Media**

Welcome to our exciting course on Digital and Mixed Media! Use your creativity as we try out different materials and techniques, from drawing and painting to digital art. Explore new ways to express yourself by mixing different mediums and watch your ideas come to life. With hands-on activities, you'll create amazing art while learning more about art and design. Lunch break will be between 12:00-13:00.

**Course Number:** K04146

**Course dates:** 03/09/2024 until 01/07/2025

**Course day and times:** Tuesday 10:00 to 15:00

**Tutor:** Peter Blundell

**Fee:** Free For SEND Learners

**Location:** Kentwood Centre

**Starting on: Tuesday 03/09/2024**

### **Art & Crafts: Adventures in Art**

This course will introduce learners to a wide range of art techniques and processes, and exploration of different materials and techniques - including drawing, painting, printmaking and collage. Self-expression will be encouraged to create personal artworks within given themes. Alongside making art learners will make a learner diary that will be used to keep a record of their work, offering opportunities for reflection, discussion and feedback on each project.

**Course Number:** P04155

**Course dates:** 03/09/2024 until 01/07/2025

**Course day and times:** Tuesday 10:00 to 12:00

**Tutor:** Alison Coe

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Tuesday 03/09/2024**

### **English: Life stories creative writing**

Creatively write and research a story that matters to you. You can write your (life) story if you want, or the story of a family member, a place (like the college, or an area), a famous person (celebrity). You can present the words in your story to other people in a film, a set of songs, a rap, a book, a Power-Point or GoogleSlides presentation, or in a few different ways. Publish your story (film, songs, presentation) on YouTube. You will learn about other people's stories too as part of being a member of a happy and creative class. In past years, some learners made films about the history of Swanley, and others created their story in rap! What you do is up to YOU.

**Course Number:** P04160

**Course dates:** 03/09/2024 until 01/07/2025

**Course day and times:** Tuesday 13:00 to 15:00

**Tutor:** James Mott

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Tuesday 03/09/2024**

### **Art & Crafts: Mosaics and More**

This course will provide learners with opportunities to create personal projects in Mosaics to create unique, expressive and personal artworks in a workshop environment. Mosaic skills can be developed through further mosaic projects or learners can develop their ideas in another medium - textiles for example. Through the creative process learners will increase confidence, and develop independence through decision making, problem solving and creative expression, leading to an enhanced feeling of wellbeing and sense of achievement.

**Course Number:** P04159

**Course dates:** 03/09/2024 until 01/07/2025

**Course day and times:** Tuesday 13:00 to 15:00

**Tutor:** Alison Coe

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Wednesday 04/09/2024**

### **Digital Skills: Digital and Mixed Media**

Welcome to our exciting course on Digital and Mixed Media! Use your creativity as we try out different materials and techniques, from drawing and painting to digital art. Explore new ways to express yourself by mixing different mediums and watch your ideas come to life. With hands-on activities, you'll create amazing art while learning more about art and design. Lunch break will be between 12:00-13:00.

**Course Number:** P04162

**Course dates:** 04/09/2024 until 02/07/2025

**Course day and times:** Wednesday 10:00 to 15:00

**Tutor:** Peter Blundell

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Wednesday 04/09/2024**

### **Prepare For Employment In Hospitality (Entry Level 1 Award)**

Gain an entry award in skills for independence and Hospitality. Join our Lunch Club sessions where you'll practise and show what you've learned with fellow learners and staff. Learn to prepare and cook a variety of meals while understanding different tasks and roles. Qualification course. Lunch break will be between 12:00-13:00.

**Course Number:** P04163

**Course dates:** 04/09/2024 until 02/07/2025

**Course day and times:** Wednesday 10:00 to 15:00

**Tutor:** Julie Walker

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Wednesday 04/09/2024**

### **Music: Playing, Recording and Performing**

This is a music class where you play, sing, drum and explore what music is. Write and record music and publish it, with a small video, on YouTube. Perform in front of your friends and family at college. Explore music that matters to you (what music we look at, mostly, comes from you and what you like!). Play with others, and have fun communicating with each other, and also learning about others' musical interests too. Play drums, guitars, keyboards. For more advanced learners, you can learn, if you would like (BUT YOU DON'T HAVE TO), about how we talk about music (notes, pitch names, harmony, melody). The tutor will also show you, and play with you, different types of world music. Lunch break will be between 12:00-13:00.

**Course Number:** P04164

**Course dates:** 04/09/2024 until 02/07/2025

**Course day and times:** Wednesday 10:00 to 15:00

**Tutor:** James Mott

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Wednesday 04/09/2024**

### **English: All about London**

Learn all about London's captivating history and attractions. Explore this wonderful city through stories, online resources, writing activities, and excursions. Immerse yourself in the richness of London's culture and heritage! Lunch break will be between 12:00-13:00.

**Course Number:** P04165

**Course dates:** 04/09/2024 until 02/07/2025

**Course day and times:** Wednesday 10:00 to 15:00

**Tutor:** Donna Fitzpatrick

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Wednesday 04/09/2024**

### **Art & Crafts: Seasonal Crafts and Sewing Bee**

Let's journey through the seasons and year's events with paper crafts, nature decorations, wreath making, and more. Discover sustainability in fabric projects, learning zero waste methods and planning. Engage in your own projects and larger collaborations, all under the umbrella of creative art therapy for well-being. Lunch break will be between 12:00-13:00.

**Course Number:** P04166

**Course dates:** 04/09/2024 until 02/07/2025

**Course day and times:** Wednesday 10:00-15:00

**Tutor:** Caroline Potter

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Wednesday 04/09/2024**

### **Maths: Everyday Living**

This course covers practical skills for your everyday life and prepares you for volunteering or work. You will learn about money management, safe shopping online, bills and expenditure. Join us to build essential skills for your future success

**Course Number:** P04161

**Course dates:** 04/09/2024 until 02/07/2025

**Course day and times:** Wednesday 10:00 to 12:00

**Tutor:** Sandra Shanahan

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Wednesday 04/09/2024**

### **Fun with Science**

Join us to discover how things work! In this course, we'll explore life processes, including plants, animals, and people, as well as physical processes like light and heat. Get ready for plenty of exciting experiments conducted safely. Get ready to be amazed!

**Course Number:** P04167

**Course dates:** 04/09/2024 until 02/07/2025

**Course day and times:** Wednesday 13:00 to 15:00

**Tutor:** Sandra Shanahan

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Thursday 05/09/2024**

### **Maths: Everyday Maths**

Enhance your maths skills for everyday life, focusing on numbers, addition, subtraction, and fractions. Engage in practical activities designed to aid in your learning and memory retention. Join us to build confidence and competency in mathematics!

**Course Number:** P04169

**Course dates:** 05/09/2024 until 03/07/2025

**Course day and times:** Thursday 10:00 to 12:00

**Tutor:** Julie Walker

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Thursday 05/09/2024**

### **Green Skills: Gardencraft Through the Seasons**

Come and create seasonal garden-themed crafts using various crafting methods. Develop your skills in designing and crafting your unique projects. Some activities will involve planting seeds and learning about plant care and the changing seasons in nature.

**Course Number:** P04170

**Course dates:** 05/09/2024 until 03/07/2025

**Course day and times:** Thursday 10:00 to 12:00

**Tutor:** Beverley Hunt

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Thursday 05/09/2024**

### **Digital Skills: Computer Card Craft**

Enjoy creating handmade cards for various occasions such as Christmas and birthdays, and thank you notes, embellishing them with gems and decorations. Utilize the computer to design calendars and cards, and discover how to use a digital camera to create personalized photo cards. Join us for a fun and creative card-making experience!

**Course Number:** P04168

**Course dates:** 05/09/2024 until 03/07/2025

**Course day and times:** Thursday 10:00 to 12:00

**Tutor:** Donna Fitzpatrick

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Thursday 05/09/2024**

### **English: Reading for Fun**

Improve your reading abilities with a range of materials like short stories, news topics, and instructions for crafting. Participate in discussions, share experiences, and express your opinions. Explore books from Orpington Library and have the chance to read your own chosen book after some sessions.

**Course Number:** P04172

**Course dates:** 05/09/2024 until 03/07/2025

**Course day and times:** Thursday 13:00 to 15:00

**Tutor:** Julie Walker

**Fee:** Free For SEND Learners

**Location:** Poverest Centre



**Starting on: Thursday 05/09/2024**

## **Gentle Yoga, Creativity and Relaxation**

This course will introduce learners to a range of Yoga based exercises - some seated, some standing, alongside breathing and relaxation techniques. Learners will work within the range of their own ability with support. We shall also explore a range of mindful activities through creativity. Sessions will usually finish with a relaxation or meditation practise.

This course will provide and nurture a sense of calm and well-being within each individual, a feeling that learners will carry with them outside the classroom and into their daily lives.

**Course Number:** P04173

**Course dates:** 05/09/2024 until 03/07/2025

**Course day and times:** Thursday 13:00 to 15:00

**Tutor:** Alison Coe

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Thursday 05/09/2024**

## **Digital Skills & Employability**

Join this course to gain the skills, knowledge, and confidence needed for various workplaces. Through hands-on practice, you'll explore the skills required for work. Additionally, you'll have the chance to improve your CV, interview skills, workplace etiquette, customer service, and understanding of health and safety. You will collaborate with other learners to build a confident team equipped with valuable employment skills.

**Course Number:** P04174

**Course dates:** 05/09/2024 until 03/07/2025

**Course day and times:** Thursday 13:00 to 15:00

**Tutor:** Caroline Potter

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Thursday 05/09/2024**

### **Green Skills: Let's Work with Wool**

Discover the journey of wool from the animal to yarn. Create a range of projects using different types of wool and crafting techniques like needle felting, weaving, and macrame. Unleash your creativity with endless possibilities!

**Course Number:** P04171

**Course dates:** 05/09/2024 until 03/07/2025

**Course day and times:** Thursday 13:00 to 15:00

**Tutor:** Beverley Hunt

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Friday 06/09/2024**

### **Plan and Bake**

Learn a range of baking skills and make tasty treats to take home. You will plan, measure, weigh, mix and learn about various baking ingredients and methods in a safe environment. From cakes and biscuits, to pastry and breads, you'll be making a variety of savoury and sweet items including jam, chutney and marmalade. Add to your own recipe folder each week with easy to follow photos and text. You will need to bring an apron and container. Lunch break will be between 12:00-13:00.

**Course Number:** P04177

**Course dates:** 06/09/2024 until 04/07/2025

**Course day and times:** Friday 10:00 to 15:00

**Tutor:** Julie Walker

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Friday 06/09/2024**

### **Green Skills: Creative Recycling**

Welcome to our SEND course on creative recycling, where imagination meets sustainability! Unleash your creativity and learn new skills as we encourage you to see potential in items that would otherwise be discarded. Discover the joy of repurposing everyday objects into practical and decorative masterpieces. Be proud of your creations and the positive impact you're making on the environment. Join us in transforming waste into wonders. Lunch break will be between 12:00-13:00.

**Course Number:** P04175

**Course dates:** 06/09/2024 until 04/07/2025

**Course day and times:** Friday 10:00 to 15:00

**Tutor:** Susan Roake

**Fee:** Free For SEND Learners

**Location:** Poverest Centre

**Starting on: Friday 06/09/2024**

### **Art & Crafts: Making Art Matter ( Entry Level 1 Award)**

This course will introduce learners to a wide range of art techniques and processes which offer much scope for exploration, experimentation and discussion. We shall explore a wide variety of techniques - including - painting, printmaking, drawing, papier-mâché and look at a range of artists to be inspired by. Personal projects, imagination and self expression will be encouraged. This course will include visits out - one per term - to places of interest. Entry 1 level award will be built into the course and includes team activities and health and wellbeing. Qualification course. Lunch break will be between 12:00-13:00.

**Course Number:** K04147

**Course dates:** 06/09/2024 until 04/07/2025

**Course day and times:** Friday 10:00 to 15:00

**Tutor:** Alison Coe

**Fee:** Free To SEND Learners

**Location:** Kentwood Centre

**Starting on: Friday 06/09/2024**

## **Dance and Drama**

Join our Dance and Drama course to discover and express your emotions, imagination, and individuality. Develop creativity and acting abilities in a supportive environment, boosting self-confidence and self-esteem. Participate in exciting public performances aimed at inspiring both performers and audiences. Comfortable clothes and soft shoes are all you need for this course. Lunch break will be between 12:00-13:00.

**Course Number:** P04176

**Course dates:** 06/09/2024 until 04/07/2025

**Course day and times:** Friday 10:00 to 15:00

**Tutor:** Caroline Potter

**Fee:** Free For SEND Learners

**Location:** Poverest Centre